

Nutrition: Improving the Nutritional Health of Albertans

Why is this important?

Empower

Patients who are malnourished in Canada are **twice as likely to be readmitted** to hospital and have approximately **3 days longer length of stay**

In Canada, about **1 out of 3 Canadian seniors** living in the community are **malnourished** or at **risk** of malnutrition



1 out of 5 patients leave the hospital in **worse nutritional health** than when they were admitted

Prevent

Transform



"It is a very painful experience to understand how serious malnutrition is for some seniors."

- Patient and Community Engagement Research (PaCER) participant

75% of patients admitted to hospital who are malnourished **never see a Registered Dietitian** during their hospital stay, and therefore nutrition for most of these patients **does not improve** during hospitalization