

Obesity: Improving Bariatric Care in Hospitals

Why is this important?

29% of adults in Alberta live with obesity

Empower

When a person with obesity experiences weight bias and stigma in health care it can lead to **depression, anxiety, and avoiding accessing health care**

Patients with obesity are at a **higher risk for complications and injury** due to inadequate facility design, equipment, and staff training



The annual direct cost of health care for treating patients living with obesity in Canada is **5 to 7 billion dollars** and is estimated to rise to 9 billion by 2021

Prevent

Patients living with obesity face many limitations and barriers in health care such as **accessing treatment** and **long wait times** for bariatric clinic visits and surgery

Transform

“The bigger you get, the more invisible you become.”

- *Patient Advisor*

