Walking with us to transform health care

Patients and their families play a vital role in helping us prevent the onset and complications of diabetes, obesity, and malnutrition. In alignment with our value of inclusive patient- and family-centered care, these group of advisors are invaluable in sharing their unique perspectives and experiences to help shape and advance our work.

“I am very proud to be a patient advisor on the Diabetes, Obesity and Nutrition SCN Core Committee. I come from a family where obesity is the norm. Helping future generations of my family and other Albertans living with obesity in accessing resources and effective medical interventions is one of the most important things I’ve done in my life. It’s very satisfying to know my personal insight and life experience has played a small part in the awareness and development of medical supports for those dealing with the unseen daily struggles of obesity, and that I can work with the DON SCN to make a positive impact.”

-Phyllis Hennig, patient advisor, DON SCN™

“I have Type 1 diabetes and have been on an insulin pump for over 25 years. I have been an AHS volunteer for over ten years, primarily as a patient advisor with the Diabetes, Obesity and Nutrition Strategic Clinical Network. I have helped with creation of the Diabetic Footcare and Eyecare Pathways which address two major complications of diabetes: lower limb amputations and blindness. I am also part of the DON Virtual Care Working Group and find it rewarding because I’ve never felt that I was just included as a token patient volunteer-- and certainly feel that something positive will emerge from our efforts. I am passionate about trying to represent and reflect the needs of patients in the important work the DON SCN is leading.”

-Isabelle Emery, patient advisor, DON SCN™