

# FAQ: Diabetes Medication Adjustment Protocol - Adult

## 1. Why was this protocol developed?

To develop a provincial governance protocol to standardize and support the current practice of diabetes medication adjustments (including insulin) in diabetes specialty care centres provincially.

## 2. What is a protocol?

AHS policy services defines a protocol as a practice support document aimed at fostering decisions or streamlining a particular process within a programs routine boundaries. Protocol: Prescribe interventions for undertaking specific investigations, therapies and/or activities in an identified situation, in either a clinical or a corporate setting.

## 3. Who developed this protocol?

The Diabetes, Obesity & Nutrition Strategic Clinical Network™ (DON SCN) in collaboration with clinicians working in diabetes specialty centres across AHS zones, Covenant Health and Primary Care Network members co-developed this protocol. A working group membership is attached at the end of the document.

## 4. How do I know if the ambulatory centre I work in is identified as a diabetes specialty centre?

The DON SCN has shared information with all Zone Executive Leaders (ZEL) identifying centers that may meet the criteria determined by working group membership. If you are unsure, you can speak with your program manager for clarity.

## 5. How do I know if the protocol has been ordered?

In Connect Care the referral for 'Diabetes Education' has the order pre-selected to support the diabetes care provider in using this protocol, if appropriate. Each program involved in the development of the protocol can connect with the DON SCN to facilitate updates to paper referrals, if required.

## 6. Where can I find resources to help support the use of the protocol?

The DON SCN Resource Hub has Diabetes, Obesity and Nutrition specific tabs to organize resources for health care professionals. Select the appropriate tab to find information such as Nutrition guidelines, Diabetes Canada Clinical Practice Guidelines and Alberta Renal referral pathway  
Diabetes Information for Health Care Providers: [DON SCN Resources](#) | [Alberta Health Services](#)



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**Working Group Membership:**

The DON SCN would like to thank the members of the working group for their expertise and time.

<b>Name</b>	<b>Role</b>	<b>Site/Department</b>	<b>Zone</b>
Leta Philp (Co-chair)	Practice Lead	DON SCN	Provincial
Tara MacEachern (Co-chair)	Policy Advisor	Policy	Provincial
Carrie Mizera	RN/Diabetes Educator	Diabetes/Bariatrics (Grand Prairie)	North
Jina Douglas	CNE Ambulatory	RAH Ambulatory	Edmonton
Marnie Watts	NP Endocrinology	UAH KEC	Edmonton
Lisa Thomas	RN/Diabetes Educator	UAH KEC	Edmonton
Jo-Ann Flathers	Manager, Diabetes	UAH KEC	Edmonton
Emanuela Bereznicki	CNE, Ambulatory	UAH KEC	Edmonton
Laurie Cornelis / Sarah Gushue	RN/Diabetes Educator / Unit Manager	Sturgeon Community Hospital	Edmonton
Dawn Estey/ Lorraine Telford/Tiera Clark	Site Manager/Care Manager/Team Lead	Community	Edmonton
Gaiana Brooker (MC)	RN/Diabetes Educator	COV Health Diabetes	Edmonton
Kristy Lee (GNCH) / Tracy DeMone	RN/Diabetes Educator Manager	COV Health Diabetes	Edmonton
Angie Blake	RN/Diabetes Educator	Diabetes Nephropathy Prevention Program	Edmonton/North
Rachelle Spence	RN/Diabetes Educator	Diabetes Specialty Clinic	Central
Lorene Mazurkewich	RN/Diabetes Educator	Diabetes Specialty Clinic	Central
Sasha Wiens/ Maria llnyckyj	Integration Coordinator/ Manager	Diabetes Centre Calgary	Calgary
Bev Madrick/Dave Dyjur/Sherri DeRoo	Education Consultant	Diabetes Centre Calgary	Calgary
Connie McDonald Michelle Strom	RN/Diabetes Educator Manager	Calgary Rural Diabetes Centres	Calgary Rural
Jennifer Steier	RN/Diabetes Educator	Diabetes Specialty Clinic (Medicine Hat)	South
Rhonda Roedler	Pharmacist, CDE/ Practice Leader	Pharmacy	Provincial
Kim Young / Deanne Ortman Snell	Practice Lead- Diabetes/ Director Strategy & Practice/ Manager	NFS	Provincial
Linda Juse	Practice Consultant	HPSP	Provincial

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<b>Medical Advisor</b>			
Dr. Julie McKeen	Endocrinologist	Calgary Zone	Calgary
Dr. Rose Yeung	Endocrinologist	Edmonton Zone	Edmonton
<b>ADHOC Membership</b>			
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