

# DON SCN Project Bulletin


Project Name	Update – September 17, 2021	Project Lead Contact
<b>Diabetes</b>		
<b>Virtual Diabetes Prevention Program (VDPP)</b>	<p>vDPP is moving from planning into pre-implementation. Yes Health has set up their app in Canada and it is now available on the App Store and Google Play. In the next month, we will be testing all aspects of vDPP, from how our primary care partners will enroll their patients, to how Yes Health will deliver the app, to how we will report back to primary care with their patients' progress. In the background, we will be working with our scientific collaborators to get ethics approval.</p> <p>We are expecting to start enrolling patients in November 2021 (National Diabetes Month).</p>	<a href="mailto:alexander.cook@ahs.ca">alexander.cook@ahs.ca</a>
<b>Diabetes Foot Care Clinical Pathway (DFCCP)</b>	<p>Diabetes Canada selected the DFCCP abstract for an oral presentation at the virtual conference in November.</p> <p>Presentations on the foot and eye care pathways to primary care:</p> <ul style="list-style-type: none"><li>• August 26th: Central Zone PCN Executive Directors</li><li>• September 14th: Red Deer PCN Complex Care Community of Practice</li><li>• September 15th: Big Country PCN clinical staff</li></ul> <p>Diabetes Foot Screening Tool and reporting functionality built into four primary care Electronic Medical Records (MedAccess, Accuro, PS Suite, HealthQuest).</p> <p><a href="http://www.specialistlink.ca">Diabetes Foot Care Pathway</a> now posted on Specialist Link-Calgary (www.specialistlink.ca)</p>	<a href="mailto:kathy.dmytruk@ahs.ca">kathy.dmytruk@ahs.ca</a>
<b>Diabetes Eye Care Clinical Pathway (DECCP)</b>	<p>Alberta Referral Directory (ARD):</p> <ul style="list-style-type: none"><li>• Adding all Optometrist (800+) to ARD to increase access for Primary Care referrals.</li><li>• Developing a provincial referral form for all medically covered exams by an Optometrist which includes diabetic retinal screening.</li></ul> <p>Developing a DECCP page on the DON SCN website to be completed this Fall.</p> <p><a href="#">Diabetic Retinopathy Webinar</a> : October 26, 2021- Rural Virtual Conference Series</p>	<a href="mailto:kathy.dmytruk@ahs.ca">kathy.dmytruk@ahs.ca</a>



<p><b>Inpatient Diabetes Management</b></p>	<p>Adult Glycemic Management Policy Suite</p> <ul style="list-style-type: none"> <li>• Policy suite revisions effective July 12, 2021.</li> <li>• Treatment of Hypoglycemia Resource <a href="#">Video</a></li> <li>• My Learning Link Diabetes Module updated; search “<i>basic diabetes</i>”</li> <li>• Patient Handout on MyHealth.Alberta co-developed with patient advisors; <a href="#">Checking your blood glucose (sugar) level while you’re in the hospital (alberta.ca)</a></li> </ul> <p>Pediatric Glycemic Management Policy Suite</p> <ul style="list-style-type: none"> <li>• Policy suite effective September 20, 2021.</li> </ul> <p>Basal Bolus Insulin Therapy</p> <ul style="list-style-type: none"> <li>• Provincial Order set in Connect Care, with clinical decision support tools</li> <li>• <a href="http://www.kttoolkit.ca">www.kttoolkit.ca</a> hosts a BBIT implementation strategy with resources to support individual sites (e.g., videos, interactive barrier and facilitator tool, links to <a href="http://www.bbit.ca">www.bbit.ca</a>)</li> </ul> <p>Safe Management of Insulin Pump Therapy in Hospital (<a href="http://www.ipumpit.ca">www.ipumpit.ca</a>)</p> <ul style="list-style-type: none"> <li>• Guidelines and provincial forms updated to reflect provincial forms formatting, gender neutral language and newer IPT devices.</li> </ul>	<p><a href="mailto:leta.philp@ahs.ca">leta.philp@ahs.ca</a></p>
<p><b>Ambulatory Diabetes Medication Adjustment Protocol</b></p>	<p>Pediatric Insulin Adjustment Protocol</p> <ul style="list-style-type: none"> <li>• Approved September 15, 2021- effective date to be determined.</li> </ul> <p>Adult Diabetes Medication Adjustment Protocol</p> <ul style="list-style-type: none"> <li>• Provincial working group- meeting monthly, first draft in review</li> </ul>	<p><a href="mailto:leta.philp@ahs.ca">leta.philp@ahs.ca</a></p>
<p><b>Diabetes Infrastructure for Surveillance, Evaluation and Research (DISER)</b></p>	<p>With DISER now being live, we are working on maximizing its use:</p> <ul style="list-style-type: none"> <li>• Leveraging DISER to inform DON SCN projects (i.e. Diabetes Eye Care Clinical Pathway)</li> <li>• Releasing DISER reports to broader audiences (high level public reports, then focused reporting)</li> <li>• Continuing to pursue academic research through papers and surveys</li> </ul> <p><a href="https://www.albertahealthservices.ca/scns/Page13332.aspx">https://www.albertahealthservices.ca/scns/Page13332.aspx</a></p>	<p><a href="mailto:don.scn@ahs.ca">don.scn@ahs.ca</a></p>
<p><b>Improving diabetes resources in Alberta for patients and providers</b></p>	<p>Working in collaboration with MyHealth.Alberta to better organize diabetes content.</p> <p>Developing the “Diabetes Resource Centre” which will be a consolidation of diabetes links and service information for Alberta to be posted on DON SCN website this Fall.</p> <p>Co-developing a diabetes charting template for primary care with Alberta PCNs.</p>	<p><a href="mailto:kathy.dmytruk@ahs.ca">kathy.dmytruk@ahs.ca</a></p>

Obesity		
<b>Bariatric Friendly Hospital Initiative</b>	<p>Version 1.3 of the Guidelines for the <a href="#">Care of Hospitalized Patients with Bariatric Care Needs</a> is now available on the <a href="#">Bariatric Friendly Hospital Initiative</a> website.</p> <p>The purpose of these guidelines is to provide staff, students, physicians and administrator's key resources and recommendations to assess and plan safe and sensitive care for patients with obesity who have bariatric care needs.</p>	carol.kuzio@ahs.ca
<b>New Edmonton Hospital</b>	The DON SCN is participating in a working group to inform bariatric programming for the new Edmonton Hospital.	carol.kuzio@ahs.ca
<b>Improving obesity resources in Alberta for patients and providers</b>	<p>Working in collaboration with MyHealth.Alberta to better organize obesity content.</p> <p>Developing the "Obesity Resource Centre" which will be a consolidation of obesity links and service information for Alberta.</p>	carol.kuzio@ahs.ca
Malnutrition		
<b>Nutrition Pathways for Primary Care</b>	<p>Implementation of the <a href="#">Primary Care Nutrition Pathway for Adults Age 65+</a> in Red Deer continues. Over 200 seniors have been screened for risk of malnutrition since implementation started in June.</p> <p>The same pathway has also been implemented in Olds and Sundre (Peaks to Prairies PCN). Data from both initiatives is being collected to help inform further spread and scale.</p>	marlis.atkins@ahs.ca
<b>Hot off the Press!</b>	<p>Health Standards Organization (HSO) has released the National Standard on Malnutrition Prevention, Detection and Treatment.</p> <p>The new standard aims to help hospitals improve inpatient outcomes for adults and children by providing guidance to acute care organizations on multimodal nutrition care; nutrition risk screening and assessment; standardized, advanced and specialized nutrition care; early mobilization; and transitions of care. For patients and families, the standard aims to provide services to help detect, prevent and treat malnutrition. It aims to better inform patients on whether they are malnourished and if so, how to improve their nutrition prior to leaving the hospital.</p> <p>This standard is intended to be used by organizations that provide acute care/inpatient services to adults and children.</p> <p>To learn more, you can attend a webinar during Canadian Malnutrition Awareness week <a href="#">Webinar Registration - Zoom</a></p>	marlis.atkins@ahs.ca
<b>New National Standard on Malnutrition Prevention, Detection and Treatment</b>		
<b>Western Canada Nutrition Day October 2, 2021</b>	<p>The theme of <a href="#">Western Canada Nutrition Day conference</a> is <b>COVID-19 Nutrition Care &amp; Recovery: From Hospital to Home</b>.</p> <p>Register here: <a href="#">Register (event-wizard.com)</a></p>	marlis.atkins@ahs.ca

	<p>The conference is being offered virtually this year. If you register and cannot attend that day, recordings of the sessions will be available to registrants.</p>	
<p><b>Canadian Malnutrition Awareness Week</b>  <b>October 4-8 2021</b></p>	<p>October 4-8, 2021 is Canadian Malnutrition Awareness Week. This year’s focus is to share the impact of malnutrition on patients and in surrounding communities...</p> <p><b>Resources and awareness-building activities include:</b></p> <ul style="list-style-type: none"> <li>• 6 free educational <a href="#">webinars</a> offered to healthcare providers by the Canadian Malnutrition Task Force. Register at <a href="https://nutritioncareinCanada.ca/canadian-malnutrition-awareness-week/webinars">https://nutritioncareinCanada.ca/canadian-malnutrition-awareness-week/webinars</a></li> <li>• Posters advertising Canadian Malnutrition Awareness Week™ <ul style="list-style-type: none"> <li>○ For health professionals (2 posters): <a href="#">Empowering Clinicians</a> and <a href="#">National Malnutrition Standard</a></li> <li>○ For public: <a href="#">Be Your Own Nutrition Champion</a></li> </ul> </li> <li>• <a href="#">Eating Well in Hospital handout</a> and <a href="#">video</a></li> <li>• An article on Insite to raise awareness about Canadian Malnutrition Awareness Week™.</li> <li>• <a href="#">Be Your Own Nutrition Champion video</a> on over 400 HUTV screens in October highlighting the prevalence and signs of malnutrition.</li> <li>• A <i>Your Voice Matters</i> survey will be posted to learn about the perspectives of AHS staff and physicians on malnutrition. Please complete the survey and encourage your work colleagues to do so.</li> <li>• Information and educational resources available on <a href="https://ahs.ca/malnutrition">ahs.ca/malnutrition</a></li> </ul> <p>To learn about malnutrition and how to be a champion of malnutrition care, visit <a href="https://www.ahs.ca/malnutrition">www.ahs.ca/malnutrition</a>.</p>	<p><a href="mailto:marlis.atkins@ahs.ca">marlis.atkins@ahs.ca</a></p>
<p><b>Indigenous</b></p>		
<p><b>The Creating Harmony in Diabetes Care with Indigenous Communities</b></p>	<p>In follow-up from our June core committee meeting, here is a webinar link to information about integrating Indigenous wisdom into systems thinking (episode 8): <a href="https://www.royalroads.ca/insights-action">https://www.royalroads.ca/insights-action</a></p>	<p><a href="mailto:lene.jorgensen@ahs.ca">lene.jorgensen@ahs.ca</a></p>
<p><b>Virtual Health</b></p>		
	<ul style="list-style-type: none"> <li>• Patient Experience Survey: <ul style="list-style-type: none"> <li>○ The final draft has been validated by stakeholders and is now being built in REDCap to be piloted. Specific zones to pilot TBD.</li> </ul> </li> <li>• Alberta Healthy Living Program (AHLP) Website Redesign: <ul style="list-style-type: none"> <li>○ The website redesign is underway with the support of AHS WebComm. Go live date: TBD.</li> </ul> </li> <li>• The DON SCN Virtual Care Work Group meets again on Friday October 1<sup>st</sup> and the agenda will include presentations from the provincial evaluation framework leads, the patient advisor who supported the development of the patient experience survey, and the website redesign lead.</li> </ul>	<p><a href="mailto:lene.jorgensen@ahs.ca">lene.jorgensen@ahs.ca</a></p>

Other Resources and Publications	
<b>AHS COVID Resources and Links</b>	<p>Includes information on Diabetes, Obesity &amp; Nutrition</p> <p><a href="#">Covid 19 Resources for Specific Health Conditions</a></p> <p><a href="#">COVID-19 Getting Healthy after COVID-19   Alberta Health Services</a></p>
<p><b>Post COVID-19 Playbook: Managing Impact and Maximizing Resiliency of Alberta’s Health System</b></p> <p><b>Diabetes Chapter</b></p>	<ul style="list-style-type: none"> <li>The Post COVID-19 Playbook was created to provide data and evidence-informed recommendations to AHS leaders to support organizational preparedness, policy and operational decision-making as Alberta moves beyond the pandemic.</li> <li>The DON SCN was asked to review pandemic impacts on diabetes health outcomes and health care utilization trends during the pandemic and identify operational priorities.</li> <li>A significant drop in the number of patients diagnosed with diabetes, was identified. The number of 2020 incident cases of diabetes decreased by 14.25% in 2020, which is a divergence from a decade-long increasing trend in prevalence. The potential backlog of cases of new Type 2 diabetes, still to be diagnosed in 2021 and 2022, could be in excess of 7,000 additional cases.</li> <li>A rapid review of the literature highlighted that new cases of Type 1 diabetes were more advanced or severe, especially in children and youth, and particularly with respect to diabetic ketoacidosis.</li> <li>The literature also suggests secular changes in health and lifestyle behaviours and dietary patterns during the pandemic, which might be associated with an increased population-based tendency towards prediabetes and new onset Type 2 diabetes.</li> <li>In collaboration with stakeholders, the DON SCN identified the following priorities for consideration by AHS Executive Leadership Team and the Board: <ul style="list-style-type: none"> <li><b>Immediate:</b> <ul style="list-style-type: none"> <li>Zones to recruit Clinical Diabetes Educators in the short term first focusing on high demand areas.</li> <li>Targeted messaging to primary care providers emphasizing the importance of resumption of patient screening for diabetes and related diabetes complications.</li> </ul> </li> <li><b>Med/Long Term:</b> <ul style="list-style-type: none"> <li>SCN will prioritize work with relevant partners to optimize virtual care service delivery as well as disease specific and lifestyle self- management.</li> </ul> </li> </ul> </li> </ul>
<b>Diabetes Canada and other Diabetes webinars</b>	<ul style="list-style-type: none"> <li>November is Diabetes Awareness Month.</li> <li>Diabetes Canada: Alberta Peer Connect Speaker Series (virtual)- Sept. 22, 2021 <a href="#">Alberta, NWT, Northeast BC Peer Connect: Type 1 &amp; Type 2 - Diabetes Canada</a></li> <li>Diabetes Canada: Know No Limits Conference (virtual)- October 2, 2021 <a href="#">No Limits with T1D (nolimitsconference.ca)</a> Audience: People living with T1 diabetes and their support network.</li> <li>Diabetes Canada: 2021 Professional Conference (virtual)- November 23-26, 2021 <a href="#">2021 Diabetes Canada/CSEM Professional Conference - Diabetes Canada</a></li> </ul>
<b>100-year Anniversary of the Discovery of Insulin</b>	<ul style="list-style-type: none"> <li>The Kray Family farm, home of the world-famous corn maze in Lacombe, AB is celebrating the 100<sup>th</sup> anniversary of the discovery of Insulin.</li> <li>To learn more visit them @ <a href="#">Lacombe Corn Maze Alberta   Kraay Family Farm</a></li> </ul> 

<p><b>Truth &amp; Reconciliation Day – September 30, 2021</b></p>	<ul style="list-style-type: none"><li>• Canadian Nutrition Society (CNS) is hosting a 2-hour virtual webinar “<i>Out of the Darkness and into the Light</i>”<ul style="list-style-type: none"><li>○ On <b>September 30</b> - National Day for Truth and Reconciliation – CNS is hosting a special webinar, <i>Out of the Darkness and into the Light</i>, to learn about how government policies created conditions of malnutrition in Indigenous Peoples, and how Indigenous Peoples, - including children - continue to be affected disproportionately by malnutrition and diet-related health problems. This webinar will be an opportunity to acknowledge past harms and ongoing colonial practices that negatively impact the health and wellbeing of Indigenous Peoples, and to learn how we can move forward knowing that there are many shining examples of fully participatory nutrition research projects that are occurring from a place of respect, honour, trust and collaboration.</li></ul></li></ul> <p>To Register and more information: <a href="#">Webinar Registration - Zoom</a></p> <ul style="list-style-type: none"><li>• CADTH Webinar: National Truth and Reconciliation Calls to Action: Opportunities and Challenges for Health Care Monday, <b>September 27, 2021</b> @ 11:00 a.m. ET<ul style="list-style-type: none"><li>○ CADTH is honoured to be joined by a prestigious lineup of Indigenous leaders in commemorating the tragic history of the residential schools. Through a fireside chat format, participants will reflect and contemplate on the challenges and opportunities of implementing the Truth and Reconciliation Calls to Action in connection to health care.</li></ul></li></ul> <p>To Register and more information: <a href="#">CADTH Webinar — National Truth and Reconciliation Calls to Action: Opportunities and Challenges for Health Care   CADTH</a></p>
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