## Diabetes, Obesity & Nutrition Strategic Clinical Network<sup>™</sup>

## What is the Diabetes, Obesity & Nutrition Strategic Clinical Network™?

The Diabetes, Obesity & Nutrition Strategic Clinical Network<sup>™</sup> (DON SCN) within Alberta Health Services brings together a diverse group of patients and stakeholders from healthcare, research, policy, government, and the community from across the province who have a keen interest in improving care across these three important and inter-connected areas of health.

## Why does the DON SCN exist?

The incidence of diabetes and obesity in Alberta continues to grow at an alarming rate. Good nutrition and physical activity can help to prevent and manage obesity, diabetes, and other chronic conditions. The DON SCN aims to understand the connections between these areas of health, and reduce the rates of diabetes, obesity, and malnutrition by improving the quality of care we deliver and ensuring it is available to all Albertans. The DON SCN strives to:

Prevent the onset a progression of diabetes, obesity & malnutrition Empower patients & providers to better manage diabetes, obesity & malnutrition to live well and long Transform the health care system through research, surveillance & partnerships

## What work is underway?

The DON SCN will undertake the below strategic priorities for 2021-2024. For more detail, please see our <u>Transformational Roadmap</u>, and our <u>website</u> to learn more about our projects and initiatives underway to support these priorities.

- **Prevent diabetes** in the community through the Virtual Diabetes Prevention Program (vDPP) and the <u>Diabetes Eye Care</u> and <u>Foot Care</u> Clinical Pathways
- Facilitate transformation of diabetes management
- Improve the <u>care and experience</u> of patients living with obesity
- Collaborate with primary care to identify opportunities to prevent and manage obesity
- Improve nutrition transitions of care
- Decrease risk of malnutrition for seniors in the community
- Use Diabetes Infrastructure for Surveillance, Evaluation and Research (DISER) to:
  - o Inform and identify gaps in diabetes care in Alberta
  - o Build new collaborative partnerships with researchers in Alberta and Canada
  - o Evaluate the effectiveness of diabetes interventions in hospital and community

How can I get involved? Contact us at don.scn@ahs.ca or visit www.ahs.ca/donscn

