## About the Kidney Health SCN

## Kidneys are the unsung heroes of our bodies.

They are about the size of our fists and punch way above their weight to filter toxins and waste. But they can take a hit. And problems can arise.

Chronic kidney disease affects one in 10 adults in Alberta. And the number is growing. Because kidney disease can develop with little warning, preventing and identifying it early are critical. It can quickly progress and have a serious negative impact on people's quality of life. Left unchecked, kidney disease is debilitating and life-shortening.

The Kidney Health SCN has tapped into the expertise and experience of 400 people to develop effective strategies to improve and manage kidney disease. Our network includes nephrologists, researchers, nurses, physicians, administrators, policy advisors, community members and people with kidney disease and their families.

Together, we're working to improve the quality of life for Albertans who live with kidney disease.

## Our goal: optimal kidney health for all Albertans

Launched in January 2016, we're working to achieve three primary goals over the next three years. These goals are to:

- Reduce the risk of acute kidney injury and chronic kidney disease through early identification and appropriate management.
- 2 Integrate care and improve management and outcomes of patients with kidney disease.
- Optimize the use of home dialytic therapies, transplantation, and conservative kidney management in appropriate patients of all ages with kidney failure.

