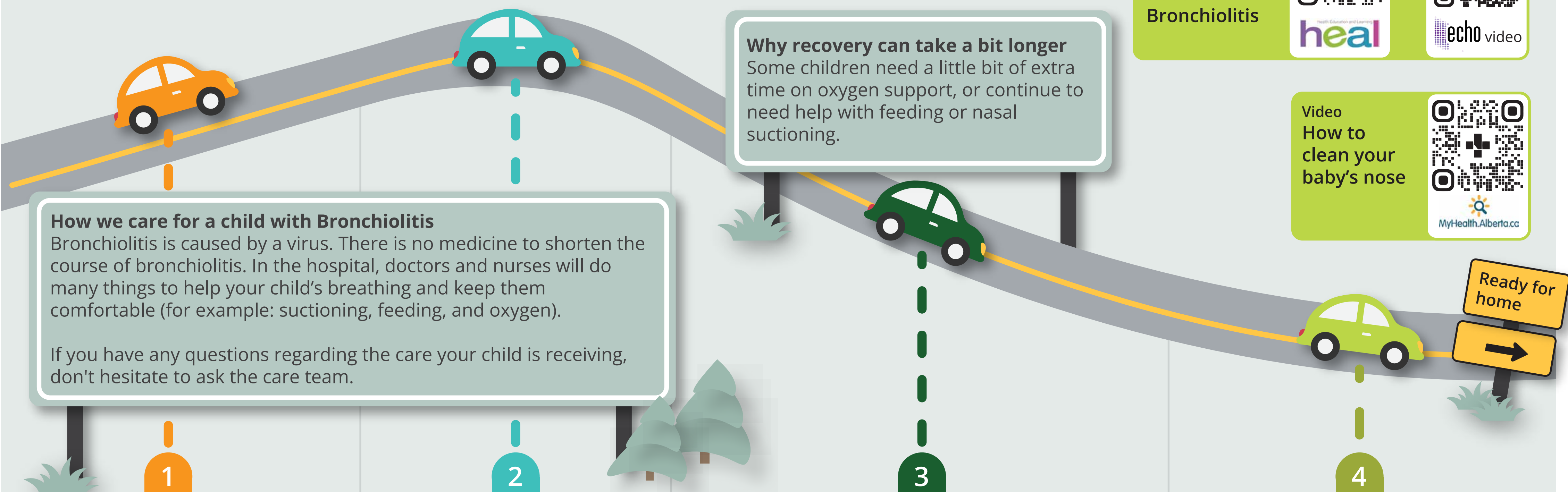


A bronchiolitis roadmap for families: From admission to home



Why recovery can take a bit longer
Some children need a little bit of extra time on oxygen support, or continue to need help with feeding or nasal suctioning.

How we care for a child with Bronchiolitis

Bronchiolitis is caused by a virus. There is no medicine to shorten the course of bronchiolitis. In the hospital, doctors and nurses will do many things to help your child's breathing and keep them comfortable (for example: suctioning, feeding, and oxygen).

If you have any questions regarding the care your child is receiving, don't hesitate to ask the care team.

Hand-out & Video
Learn more about Bronchiolitis

heal | echo video

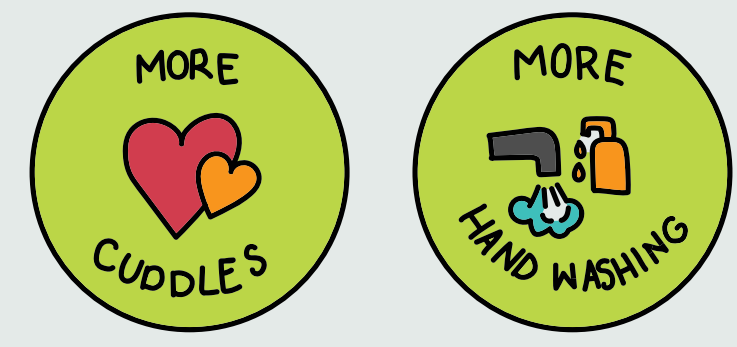
Video
How to clean your baby's nose

MyHealth.Alberta.ca

1 Admission to Hospital | 2 Peak of Illness | 3 "Past the Peak" | 4 Ready for Home

Children often get worse in the first few days of admission

- Actions**
- Comfort your child (such as cuddles or soothing touch), to help them stay calm
 - Make sure to wash your hands, as bronchiolitis is contagious



Usually children are the most sick around day 4 - 5 of illness

- Actions**
- Getting better takes time, while caring for your child make sure you take care of yourself as well



At this stage, we are expecting your child to become a little bit better everyday

- Your nurse will try your child without oxygen support
Some children need oxygen for a little while longer
- Your nurse will check their vital signs intermittently throughout the day and night

- Actions**
- Learn how to use a home nose suction device. Your nurse can help you learn and support you when you practice

Is my child ready for home?
 ✓ Doing well without oxygen support
 ✓ Feeding well
 ✓ I am able to suction my child's nose

- Actions**
- Follow-up with your doctor within a week
 - Young babies might need a follow up with a public health nurse within 48 hours

