

# Education Recommended for OBS Providers

Created: October 11, 2019

Revised: January 22, 2021

To support Health Care Professionals (HCP) who provide care to the antenatal, intrapartum, postpartum and newborn patient in the attainment of the knowledge, skill, competency and confidence to effectively assess, identify and manage presenting risk factors in the maternal, fetal or newborn patient, the following education is recommended by the Maternal Newborn Child & Youth, Strategic Clinical Network.

## 1. Antepartum and Intrapartum Care Providers (all HCPs)

### a. Fetal Health Surveillance (FHS) – The Canadian Fetal Health Surveillance

#### i. Initial education – The Fundamental of FHS Program

This program consists of independent online learning (online module, exam, and certificate of successful completion) followed by onsite workshop. The independent online learning is available at: <https://ubccpd.ca/fhs-online-manual> . Participation in a site or zone based interdisciplinary workshop to integrate team communication in the effective interpretation of FHS findings and determination of the appropriate management plan includes clinical discussion of both Intermittent Auscultation (IA) and Electronic Fetal Monitoring (EFM) scenarios.

#### ii. Ongoing Education – FHS Refresher Program

Participation in **biennial onsite refresher workshop or activity** that includes team reviews of case studies (includes IA and EFM scenarios) with a focus on teamwork and communication. Ideally, this onsite workshop or activity should be interdisciplinary.

### b. Managing Obstetrical Risk Efficiently (moreOB). All obstetrical HCPs have access to this patient safety and quality improvement program. Registration information is provided through the HCPs respective birthing site. Active participation in moreOB includes:

- i. Completion of all chapter/modules
- ii. Annual review of any module/chapter content updates.
- iii. Annual participation in moreOB workshops or QI activities



- c. **Newborn Resuscitation Provider (NRP).** Biennial certification is recommended for all physicians, midwives and nurses who may be responsible for newborn care in the acute care facility. Courses are offered at each Alberta birthing site.

## 2. Registered Nurses and Licensed Practical Nurses who provide obstetrical and newborn care in the acute care setting.

In addition to the education recommendations identified above, the following obstetrical and neonatal programs are recommended for Registered Nurses and Licensed Practical Nurses who work in the acute care setting:

- a. **Obstetrical Education:** Modules support the foundation of obstetrical orientation for all nurses who provide intrapartum, postpartum and newborn care in an acute care setting. APHP has modified 15 of the HELP modules to allow access on MyLearningLink. These modules can be found by searching “Obstetrics 101”.
- b. **AHS Breastfeeding Course:** This course is recommended for any HCP who provides breastfeeding support to the new mother and registration is through the AHS MyLearningLink site.

This recommendation was developed and approved for provincial application by the Maternal Fetal Newborn standing committee of the Maternal Newborn Child and Youth, Strategic Clinical Network on October 11, 2019.

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