

Diabetes and Your Eyes



Diabetes can damage your eyes and cause vision loss

Used with permission from Canadian National Institute for the Blind (CNIB)

Why?

- Diabetes can cause diabetic retinopathy, which is the most common cause of vision loss (blindness) in people of working age.
- Diabetic retinopathy may not cause symptoms (vision changes) until it is advanced.

Get your diabetes eye health exam every year!

This exam is covered under Alberta Health Care for anyone living with diabetes.

Book an appointment today with an Optometrist!

To find an optometrist: optometrists.ab.ca/find-an-optometrist



Alberta Health Services

Diabetes, Obesity & Nutrition Strategic Clinical Network™
Neurosciences, Rehabilitation & Vision Strategic Clinical Network™

Talk with your healthcare professional about the diabetes eye health exam