

Diabetes and Your Eyes



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Diabetes can damage your eyes and cause vision loss

- Diabetes can cause diabetic retinopathy, which is the most common cause of vision loss (blindness) in people of working age.
- Diabetic retinopathy may not cause symptoms (vision changes) until it is advanced.

Get your diabetes eye health exam every year

This exam is covered under Alberta Health Care for anyone living with diabetes.

Book an appointment today with an Optometrist

To find an optometrist: optometrists.ab.ca/find-an-optometrist