

ADVANCING DEMENTIA DIAGNOSIS AND MANAGEMENT IN ALBERTA

The Foundational Role of Primary Healthcare Supported by Specialized Services

Dr. Duncan Robertson
Senior Medical Director,
Seniors' Health, Strategic Clinical Network



Mission: To make improvements to health care services and practices that enable Alberta's seniors to optimize their health, well-being, and independence.

Platforms:

- Healthy Aging and Seniors Care
- Aging Brain Care
- Anticipating an Aging Alberta

Pillars:

Research and
Innovation

Engagement

Communication

Quality
Improvement and
Measurement

What's the difference between **ALZHEIMER'S** and **DEMENTIA**?



Dementia is an umbrella term that describes a wide range of symptoms including memory loss and mental decline. Alzheimer's is the most common form of dementia, but there are many others.
Learn more at alz.org/relateddementias

ADSAP

Steering Committee
Advisory Committee
Project Management
Working Groups

- **Primary Health Care**
 - Acute Care and Crisis Management
 - Dementia Journey
 - Research and Innovation
 - Public Awareness
 - Care Partner Support

Rudyard Kipling (1865-1936)



I keep six honest serving-men

They taught me all I knew;

Their names are **What and Why**
and **When**

And How and **Where** and **Who**.

What?

Prioritizing Action on managing cognitive impairment in the community by primary healthcare 1/3

- Improving **recognition, diagnosis and management** of cognitive impairment in primary healthcare
- Providing **support** to primary care by **specialized services**
- Developing and implementing a robust Integrated **Dementia care Pathway**
- Providing **care - provider education.**

Why?

Prioritizing Action on managing cognitive impairment in the community by primary healthcare 2/3

- Increasing need in an **aging Alberta**
- Increasing **public awareness** of dementia
- Calls for **earlier diagnosis**
- Specialty **resource limitations**
- **Impact on families & care partners**
- Impact on **Acute care and Continuing Care**
- Other jurisdictions have implemented **innovations** and we can **learn from them**.

How?

Prioritizing Action on managing cognitive impairment in the community by primary healthcare 3/3

- Prioritize **managing cognitive impairment in the community** by primary healthcare.
- Anticipate **emerging trends in practice and referral** and new technologies that affect needs and service delivery
- Collaborate with others to **understand disincentives and provide incentives** for Community care of dementia.
- Understand and plan for **specialist services needed** to support primary health and community care
- Develop and deliver **educational materials for clinicians**
- Develop a **research strategy**
- Develop Monitoring and Evaluation plans.
- Evaluate and report.

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JLA Dementia PSP top 10 priorities

- What are the most effective components of care that keep a person with dementia as independent as they can be at all stages of disease in all care settings?
- How can the best ways to care for people with dementia, including results from research findings, be effectively disseminated and implanted into care practice?
- **What is the impact of an early diagnosis of dementia and how can primary care support a more effective route of diagnosis?**
- What non-pharmacological and/or pharmacological (drug) interventions are most effective for managing challenging behavior in people with dementia?
- **What is the best way to care for people with dementia in a hospital setting when they have acute healthcare needs?**
- What are the most cost effective ways to encourage people with dementia to eat, drink and maintain nutritional intake?
- What are the most effective ways of supporting carers of people with dementia living at home?
- What is the best way to care for people with advanced dementia (with or without other illnesses) at the end of life?
- When is the optimal time to move a person with dementia into a care home setting and how can the standard of care be improved?
- What are the most effective design features for producing dementia friendly environments at both the housing and neighborhood levels?

Reference: Kelly S, LaFortune L, Hart N et al., Dementia priority setting partnership with the James Lind Alliance: using patient and public involvement and evidence base to inform the research agenda, Age and Ageing 2015; 44: 985-993 doi: 10.1093/ageing/afv 143

JLA James Lind Alliance

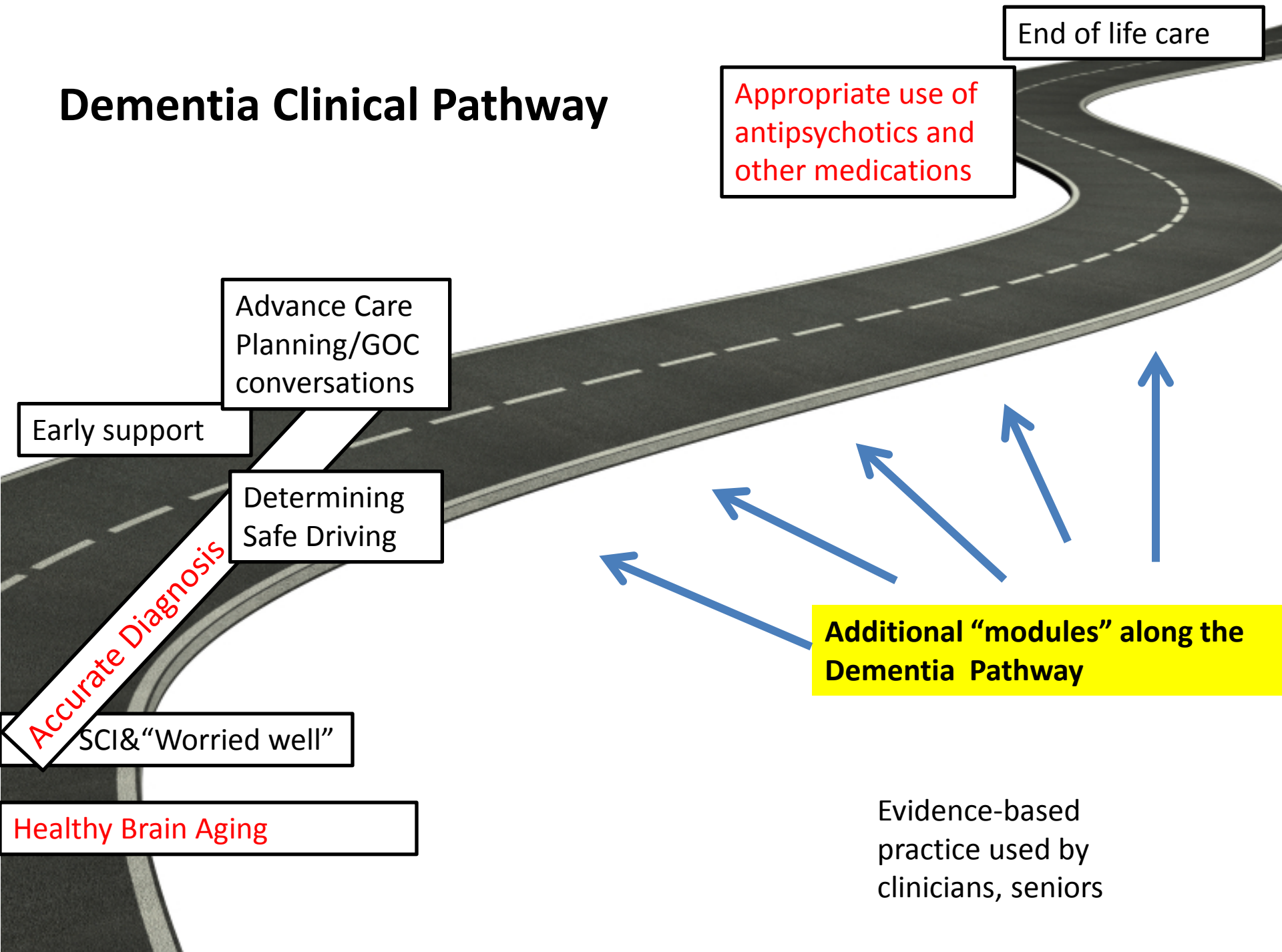
PSP Priority setting Partnership

JLA Dementia PSP 2 Top 10 PRIORITIES

- **What is the impact of an early diagnosis of dementia and how can primary care support a more effective route of diagnosis?**
- **What is the best way to care for people with dementia in a hospital setting when they have acute healthcare needs?**

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JLA James Lind Alliance PSP Priority setting Partnership

Dementia Clinical Pathway






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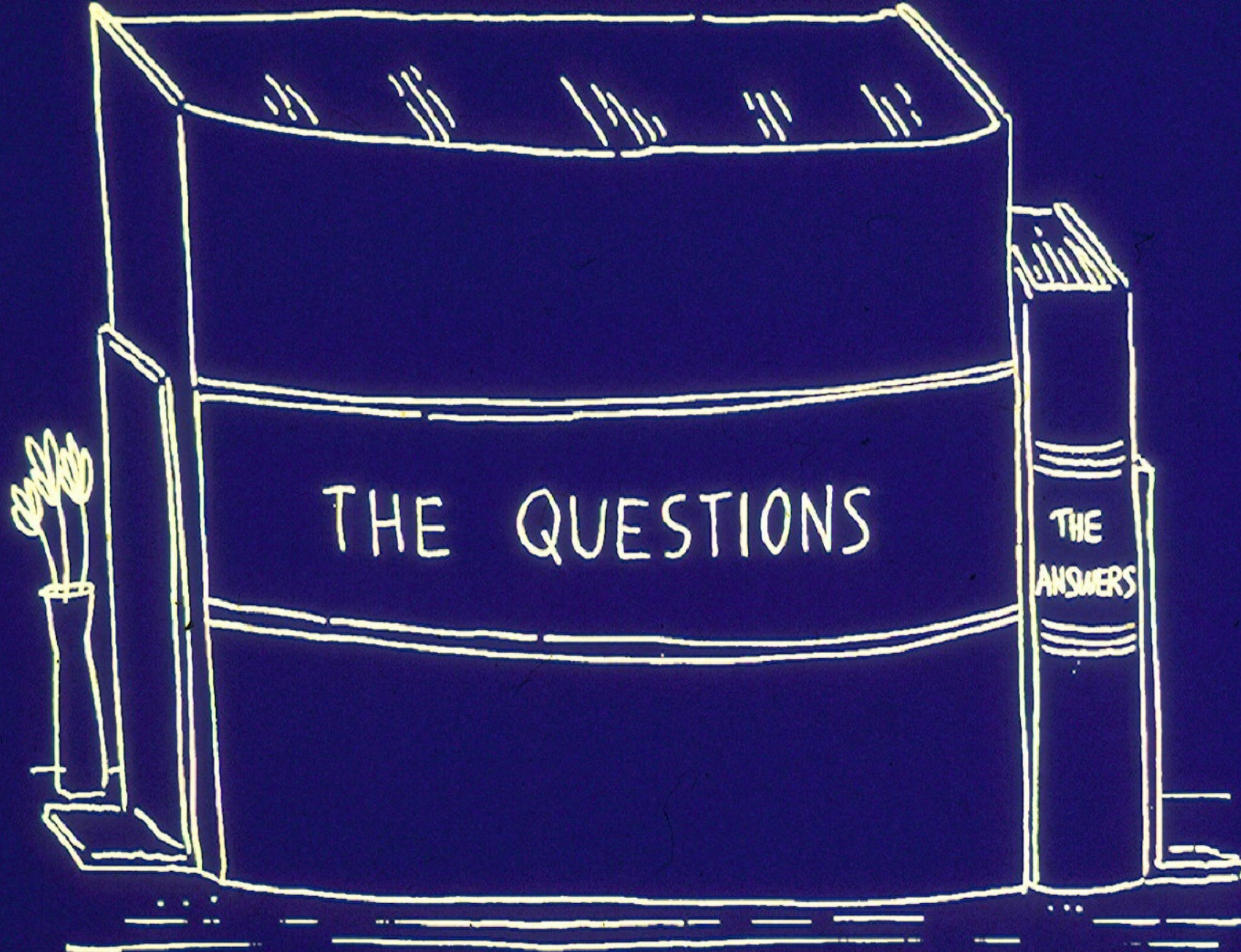
30 best places to live by the sea

4-PAGE POLICE INSIDE

Dementia clinics are swamped by worried well

...the middle aged to seek checks





SCHWADPm