

# Camrose Primary Care Network (PCN) Geriatric Assessment Program (GAP)

**Care Pathway for anyone >65 years**  
*or younger patients living with Down Syndrome*

CAMROSE | BASHAW | DAYSLAND | FORESTBURG  
HARDISTY | KILLAM | TOFIELD

## TEAM

- Patient/Family/Caregivers
- Family Physicians
- Care of the Elderly Physician
- Geriatric Nurse Lead FTE .6
- Mental Health/  
Seniors Outreach Team
- Admin Assistant FTE .4
- Camrose PCN Dietitian,  
Pharmacist and  
other programs

## PARTNERS



- AHS HomeCare/Allied Health
- AHS Mental Health
- Covenant Health
- St. Mary's Hospital
- Local Pharmacies
- Alzheimer Society - First Link
- SOS - Service Options for Seniors
- Crossroads Program
- Vendors of Adaptive Aid

**OBJECTIVE**  
**To improve health,  
maximize quality of  
life and independent  
living for seniors  
aged 65+**

**TOTAL GAP  
REFERRALS \***

**437**

initials **282** follow ups **268**

 **Average Age 82.6**  
Total Patients 183  **Average Age 78.65**  
Total Patients 145

**PHYSICIAN REFERRAL RECEIVED AND  
TRIAGED BY GAP NURSE FOR APPROPRIATENESS**

### NOT APPROPRIATE

Where possible, we suggest alternate referral options and suggestions

Letter sent to referring physician

### REASON FOR REFERRAL \*

Frequent Falls	25
Signs of memory loss or established dementia	252
Bladder concerns	7
Decreased Mobility	4
Difficulty coping in own home or community	18
Comprehensive review of meds and related health concerns	22
Other	45

### APPROPRIATE

Referral is faxed to MH for Ax In Home

MH Ax faxed to PCN, appointment booked

COE completes assessment @ PCN clinic

Call to patient/family/caregiver—encourage someone to accompany

Appt letter sent to referring physician

Further investigation/testing and visits as required

No further investigation/testing or visits required

Consult letter to Dr., MH and others as indicated

Discharge from GAP with appropriate follow up plan in place

**ASSESSMENT PROCESS**

1. Greeted and consent obtained
2. Med reconciliation
3. COE interviews patient alone
4. RN completes vitals, TUG, further cognitive testing, prep for physical exam
5. COE meets with family for collateral info - if patient consents
6. COE completes physical
7. COE meets with patient and family for Dx, further tests, determine F/U by needs of pt, family and request of family doctor.

COE Care of the Elderly Physician  
MH AHS Mental Health  
GAP Geriatric Assessment Program  
F/U Follow-up  
DX Diagnosis  
TUG Time up and Go  
\* Stats compiled October 2012 to January 2016

[www.camrosepcn.com](http://www.camrosepcn.com)

### MEDICAL DIAGNOSIS REVIEWED IN CLINIC:

Dementia-Alzheimer, Mixed, Vascular, Lewy Body, Parkinson's, Frontal-Temporal, PSP, Depression, Anxiety, Delirium, NPH, Brain Tumour