

Discovery Toolkit for Family Caregivers of Seniors: Facilitating Conversations, Encouraging Scholarship

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1. Importance of Family Caregivers

Family caregivers are an integral yet, increasingly overburdened part of the healthcare system.

3.8 M Family caregivers of seniors in Canada

2. Caregiver-Focused Conference

In 2014, a Caregiver Conference was held to establish a research program on family caregivers.*

Supporting Family Caregivers of Seniors: Improving Care and Caregiver Outcomes

120 stakeholders attended the conference – researchers from several national and international universities as well as the W.H.O., knowledge users from Alberta, family caregivers, and other stakeholders.

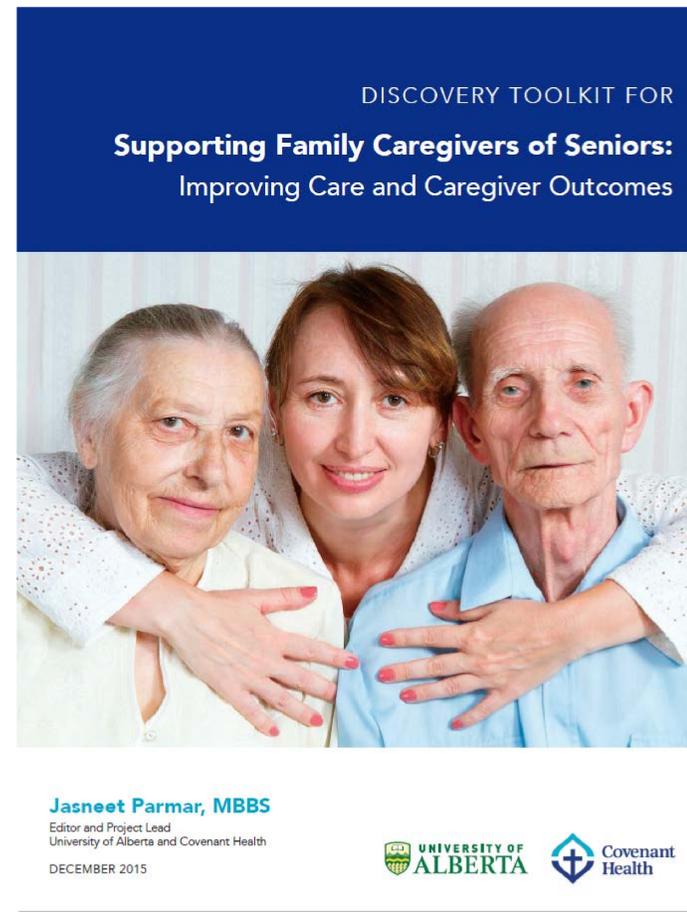
3. Consolidation of Learning

One objective of the Caregiver Conference was to develop a toolkit from the learnings.

4. Development of the Toolkit

- Thematic Analysis of Focus Groups, Conversations Café, and Research Planning Discussions Summarization of current evidence
- Collation of Resources

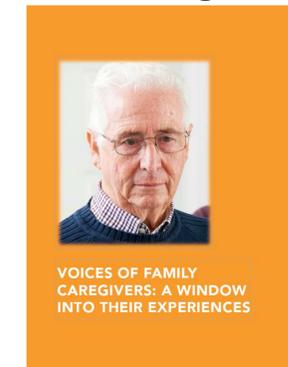
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Major Themes and Research Areas



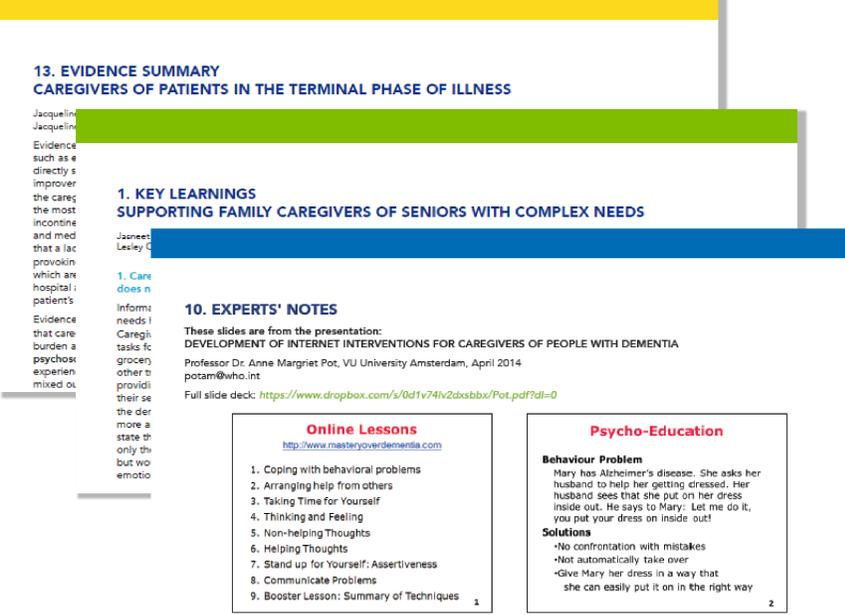
About Caregivers



Resources



Recurring Sections



Emmy's Wish

A letter-essay by a caregiver expressing her wish for a continually improving healthcare system



Dear Honourable Minister,
 "The healthcare system has worked pretty well for Henry...
 "The healthcare service has not always been the best, though...
 "I'm fortunate to have children who support me...
 "Allow me 5 wishes..."