

Edmonton Zone, Continuing Care, Home Living Program



Dementia Strategy Building & Improving Practice Initiative

Collaborators

- Edmonton Zone (EZ), Continuing Care (CC), Home Living (HL) Program
- Alzheimer Society of Alberta and Northwest Territories (ASANT)
- St. Albert and Sturgeon (SAS) Primary Care Network (PCN)
- Specialized Geriatrics Program, including Care of the Elderly Physicians (COE)
- Senior's Health (SH) Strategic Clinical Network (SCN)
- People Living with Dementia (PLWD) and their care partners

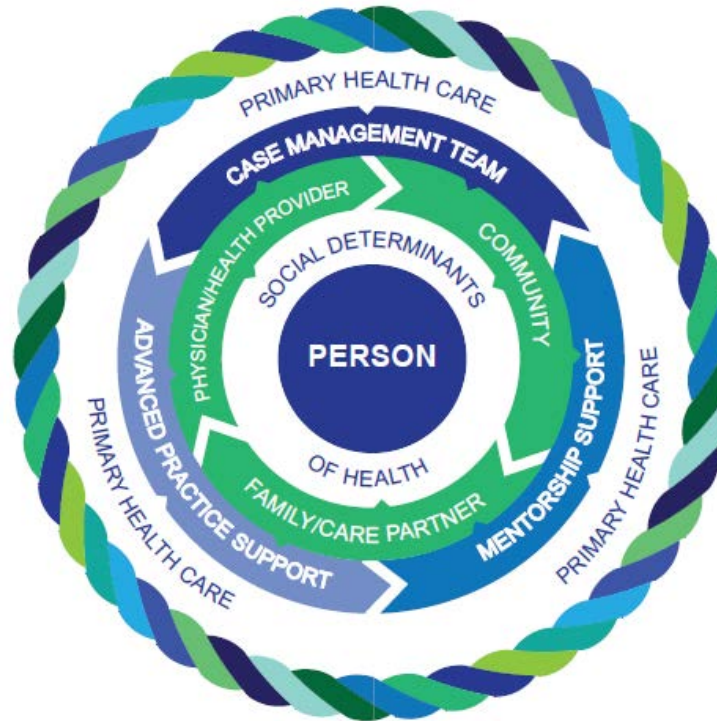
What we set out to do

- Develop an integrated approach to case management for PLWD and the care partners.
- Develop awareness with staff from HL, PCN's, ASANT, regarding gaps in care for PLWD.
- Engage COE physicians, care partners, HL and PCN staff to develop and deliver education – building health and social community partners and relationships.
- Develop a sustainable approach to practice development, including interdisciplinary team members actively seeking understanding of challenges PLWD face and developing local solutions in partnerships with Zone and Provincial leaders.
- Build a Mentorship Team comprised of interdisciplinary HL and inter-organizational practitioners and partners.

Why did we do it?

- Achieve excellence in clinical and case management practice for people living with dementia and their care partners.

Strength Through Connections Collaborative Practice Model of Care



What we have accomplished

- Developed and delivered 3 educational modules to HL Case Management Team at one of the EZ Networks. Plan is to spread the education over the next 18 months to 850+ HL clinical professional staff.
 - > Module #1 – Dementia Awareness
 - > Module #2 – Dementia, Delirium and Depression–Assessment
 - > Module #3 – Dementia – Interventions
- Established HL mentorship team including inter-organizational collaborators.
- Retrospective “mapping” of client’s journey.

What we have learned

- Having a PLWD/Care Partner tell their story and participate in the education session is very meaningful and impacts learning and practice.
- Building relationships and working as a team, both internal and external is key. It will allow you to grow and change your practice.
- Having difficult conversations in the beginning can help to prevent a crisis later on.
- Coordination and integration of care make a difference; it is not the amount of resources one uses.
- Behaviors are an expression of feeling(s).
- Reflect on your work, consider strengths and gaps, then take next steps.

Principles of Case Management

