

# Steps to Culture Change

Appropriate Use of Antipsychotics in Dementia Strategies and Resources

Seniors Health Strategic Clinical Network (SCN) In collaboration with Addiction & Mental Health SCN

#### People and Change: what have you noticed?





#### **AUA Strategies and Resources**

- 1. Staff education
- Monthly interprofessional medication review
- 3. Care plan reviews
- Family consent and consultation
- 5. Measurement and Celebration



"If there is no struggle, there is no progress." - Frederick Douglass





Steps to Implementing Appropriate Use of Antipsychotics

#### GETTING STARTED Step 1: Why Address Antipsychotic Use in Your Facility? Step 2: Five Key Interventions for Reducing Antipsychotic Use Step 3: Decide on a Starting Point; Gather an AUA Team SPREAD Share your experience with the remainder of your facility or organization Reference the AUA Guideline, AUA Toolkit resources and these steps

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#### **BUILD AWARENESS**

- Step 4: Build Awareness Within the AUA team
- Step 5: Get the Word Out
- Step 6: Build AUA Awareness Within the Facility or Unit

#### REINFORCE CHANGE

Step 12: Reinforce Change in Your Unit and/or Facility

Seniors Health Strategic Clinical Network

#### CREATE DESIRE

- Step 7: Create Desire Within the Care Team
- Step 8: Overcome Resistance to Change on Your Unit

#### DEVELOP KNOWLEDGE AND ABILITY

- Step 9: Develop Knowledge Within the Care Team in the 5 Key Areas
- Step 10: Enhance the Medication Review Process
- Step 11: Foster the Ability of the Care Team & Facility to Provide Person-centred Alternatives

Last updated September 2014

GETTING STARTED Why AUA?

Five Key Interventions for Reducing Antipsychotic Use

Decide on a Starting Point, Gather an AUA Team





BUILD AWARENESS **Build Awareness Within the AUA team** 

Get the Word Out

Build AUA Awareness Within the Facility or Unit





CREATE DESIRE

Create Desire Within the Care Team

Overcome
Resistance to
Change on Your
Unit



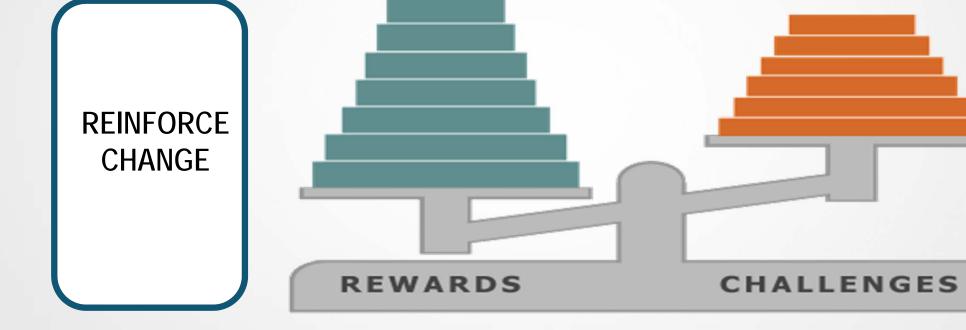


DEVELOP KNOWLEDGE AND ABILITY Develop Knowledge within the Care Team in the 5 Key Areas

Enhance the Medication Review Process

Foster Ability of the CareTeam & Facility to Support Person-Centred Care









#### Measures of Success of Appropriate Use of Antipsychotics (AUA)

Month	Number of residents admitted on antipsychotic this month	Number of residents on unit	Number of residents with Dx of Schizophrenia, Huntington's chorea, Hallucinations , Delusions	Number of residents without indication as per RAI 2.0 definition	Looking ONLY at column C, record the number of residents on antipsychotics	Calculation D/C	Percent of residents receiving an antipsychotic medication without indication as per RAI 2.0 definition	Looking ONLY at Column D, record the number of residents who had an interprofessional team medication review	Calculation E/D	Percent of residents on antipsychotics with a medication review	Looking ONLY at Column E, record the number of residents with Gradual Dose Reduction (GDR)	Looking ONLY at Column F , record the number of residents whose behaviour improved or had no change	Looking ONLY at Column E, record the number of residents who had antipsychotic medication discontinued	Looking ONLY at Column H, record the number of residents whose behaviour improved or had no change	Looking ONLY at columns <u>F 8 H</u> record the number of residents with worsened behaviours	Looking ONLY at Column D, record the number of family/alternate decision maker who had AUA education	Number of F/T P/T staff on unit	Number of staff who had AUA education
		Α	В	A-B=C	D	Calcul.	96	E	Calcul.	96	F	G	н	-	J	K	L	М
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### Last Step...

**SPREAD** 

Spread appropriate use of antipsychotics to other wings, units and neighbourhoods in your facility





### Plan-Do-Study-Act (PDSA)

It may take trial and error to find the best solutions for your facility

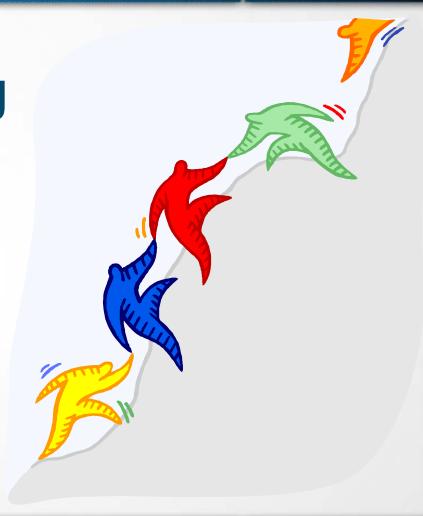
- Plan: develop a plan to test a change
- Do: carry out the test
- Study: observe and learn from the consequences
- Act: determine what modifications should be made to the plan

http://www.albertahealthservices.ca/auatoolkit.asp



#### **Team Action Planning**

- Use the AUA Map to identify where you are and assign next steps
- Use the Suggested Steps for Developing an Antipsychotic Medication Review Process to discuss how to enhance your medication review process





#### THANK YOU!



- For improving the quality of life for those with dementia
- For including families and alternate decision makers in what is important to the resident and the family
- For making such a difference for your care teams!

