Strategic Clinical Networks (SCNs) are creating improvements within focused areas of health care.

To get the most out of our health care system, AHS has developed networks of people who are passionate and knowledgeable about specific areas of health, challenging them to find new and innovative ways of delivering care that will provide better quality, better outcomes and better value for every Albertan.

The AUA project is a key initiative of the AHS Seniors Health Strategic Clinical Network. Long term use of antipsychotics in older people with dementia is known to be harmful.

Antipsychotic use in Alberta Long Term Care (LTC) is now at 17.4%, the lowest average in Canada. LTC teams are collaborating to solve problems and improve care.

2014-2015 Innovation Collaboratives
- 100 “higher use” sites identified
  - Teaching and resources provided for leaders and clinical staff
  - Teams submitted monthly data
  - Teams equipped to lead change

2014-2015 AUA Toolkit
- All Alberta sites introduced to success stories, links and project resources on AHS External website.

2014-2015 Family Engagement
- Resources for staff to engage families of residents:
  - Explain reason for reducing antipsychotics
  - Help family understand behaviours of residents with dementia

GOAL
Use antipsychotics appropriately to IMPROVE QUALITY OF LIFE for residents with dementia

1500 fewer residents on antipsychotics provincially as of Quarter 4 2016

2012-2013
Develop Resources
- Toolkit and guidelines for clinical teams to help reduce unnecessary antipsychotic use.

2013-2014
Early Adopter Sites
- 11 teams
- 50% fewer residents on antipsychotics

2014-2015 Province-wide
- 170 sites
- 14,500 beds

2016-onward Future Sustainability
- Expand to supportive Living and Acute Care
- Ongoing monitoring of antipsychotic use and quality improvement
- Enhanced education for all sites.
  Priority topics: supporting good sleep, delirium in residents with dementia
- Develop AUA sustainability plan

QUALITY OF LIFE
Residents are regaining abilities to speak, walk and assist with their own care.

Outcomes
- Fewer physical/mechanical restraints
- Less pain and delirium
- Reports of aggressive behaviours remained same

2014-2015 LED BY SENIORS’ HEALTH SCN IN COLLABORATION WITH ADDICTION & MENTAL HEALTH SCN
APPROPRIATE USE OF ANTIPSYCHOTICS

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APPROPRIATE USE OF ANTIPSYCHOTICS

2015 Outcomes
- Fewer physical/mechanical restraints
- Less pain and delirium
- Reports of aggressive behaviours remained same

2014-2015
Winners
- AUA Toolkit
- LED by Seniors’ Health SCN in Collaboration with Addiction & Mental Health SCN
- Innovation Collaboratives

JULY 2017