## **Open Doors**

Midterm Update

Open Doors is a collaborative program held at designated CapitalCare centres in partnership with the Alzheimer Society of Alberta and Northwest Territories and will provide fine arts programming specially designed for those living with dementia. Through the provision or fine arts community programs, the shared programming model will help to support those who wish to remain in a community setting and require customized supported atmospheres, as well as those living in care settings. It creates a cohort community where accessibility and abilities are celebrated ad encouraged for those living with dementia.

In addition, this provides opportunity for the person with dementia and their caregiver to enjoy a positive activity with others who understand the day-to-day challenges and lifestyle of dementia care.

Lastly, the fine arts programming medium encourages persons with dementia to continue in areas of interest and discover new talent through specially designed programs of ballet, painting, choral ensemble, and classic symphonic music.

## Midterm Milestones:

- Focus groups conducted with people with dementia and their caregivers to survey preference of fine arts program
- Program format established (10-week classes, 2 hours each)
- Partnership with Alzheimer Society of Alberta and Northwest Territories established



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