

Caregiver-Centered Care for Family Caregivers of People with Dementia

Caregiver-Centered Care for Family Caregivers of People with Dementia, Edmonton

University of Alberta

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The team aims to increase the well-being of family caregivers of Albertans with dementia and reduce their distress / burnout through mandating and educating Alberta healthcare providers to provide caregiver (person)-centered care in their healthcare settings. We have two objectives in the proposed project:

- 1) Develop education including curriculum, video modules, facilitator's guide,
- 2) Pilot test and evaluate the impacts of caregiver-centered care education for the health workforce.

Education will equip healthcare providers to engage and communicate with family caregivers as partners in care, recognize the caregiver's own needs, and assist them in accessing services. We will assess if facilitated delivery of our caregiver-centered care education improves physicians, OTs, Nurses, LPNs, HCAs, Social Workers, and allied health's self-perceived confidence, competence, and willingness to support family caregivers.

