

Appendix A

Person Centered Art Therapy for People with Dementia Project Evaluation

Intended Program Outcomes	Indicators of Success	Data Collection Methods	Result	
Short-term outcomes				
People with dementia (PWD) experience increased social engagement, feelings of autonomy and dignity	# and % of PWD reporting improvement in mood/attitude	OMA Artist Feedback survey + Overall Program Evaluation + Program Review	350 people / 76%	
	PWD experience an increase in positive emotions (attitude/ mood)	# and % of PWD reporting enjoyment of activity and social engagement # of PWD reported discussing OMA program or artwork with family member	OMA Artist Feedback survey + Family Evaluation template	290 people / 63%
		# and % of PWD reporting feelings of autonomy	OMA Artist Feedback survey + Program Review	300 people / 65%
	# and % of PWD reporting contentment and appreciation	OMA Artist Feedback survey	300 people / 65%	
	# of PWD participating in OMA programs	Record tracking	460	
Staff and volunteers increase their dementia knowledge and communication skills	# of staff facilitators trained in OMA and Best Friends Approach™	Record tracking	32	
	# of volunteers trained in Best Friends Approach™	Record tracking	ongoing	
	# and % of education program participants indicating increased understanding of dementia	Education Participant survey	55% *	

Intended Program Outcomes	Indicators of Success	Data Collection Methods	Result
	# and % of education program participants indicating increased understanding of communication strategies and behaviours	Education Participant survey	60%
Mid-term outcomes			
People with dementia experience increased social connection and decreased sense of isolation	Positive reporting of Artists' Responses to OMA	Program Review Template	ongoing
	Confirmation of OMA Process/Structure (E.g., art talk, artists' responses)	Program Review Template	ongoing
	Family members report positive changes in perception as result of OMA program	Family Evaluation	ongoing
	Positive report of increased engagement with the activity and other individuals	Overall Program Evaluation	ongoing
Dementia care community enhances knowledge and skill in delivering person-centered care	# of community partner organizations delivering OMA program	Record tracking	ongoing
	# of staff facilitators trained in OMA and Best Friends Approach™	Record tracking	32
	# of volunteers trained in Best Friends Approach™	Record tracking	ongoing
	# of OMA sessions delivered	Record tracking	ongoing
	# of OMA art shows	Record tracking	ongoing
Staff & volunteers build close relationships with impacted seniors	Positive program evaluations by staff and volunteers	Overall Program Evaluation template	Ongoing
	Positive attitude reported related to PWD	Dementia Attitude Scale	Ongoing
	Positive indications of volunteer-artist pairs having developed genuine relationships	Program Review template	Ongoing
Public gains appreciation and respect for abilities of PWD	Positive change in perception and attitude regarding abilities of PWD	Art Exhibition Evaluation	Ongoing

Intended Program Outcomes	Indicators of Success	Data Collection Methods	Result
Long-term outcomes			
Volunteer, student and public perceptions and attitudes have shifted (from the person as a passive care recipient to an equal partner/teacher/artist)	Volunteers and staff report positive change in perception and attitude toward PWD	Overall Program Evaluation template	ongoing
	Positive feedback from art exhibit attendees	Art Exhibition Evaluation	ongoing
	Report of positive changes in attitude	Dementia Attitude Scale	ongoing
The dementia care community has greater capacity to serve people living with dementia	# of community partner organizations delivering OMA program	Record tracking	ongoing
	# of staff facilitators trained in OMA and Best Friends Approach™	Record tracking	32
	# of volunteers trained in Best Friends Approach™	Record tracking	ongoing
	# of OMA sessions delivered	Record tracking	ongoing
	# of OMA art shows	Record tracking	ongoing
People living with dementia build self-esteem and confidence; are treated with respect and dignity	<p>PWD reported to have expressed feelings of accomplishment to their volunteer/partner/facilitator</p> <p>Note: Comprehensive evaluation of self-esteem, confidence and overall treatment of people with dementia is a long-term process that requires a multi-faceted approach and a community-wide, collaborative solution. Evaluation of community-wide treatment of PWD is not within the scope of Alzheimer Society of Calgary (ASC).</p> <p>ASC is a contributor of creating an age-positive culture shift in Calgary to ensure older adults feel welcomed and valued. This work is in collaboration with the City of Calgary's Age Friendly Strategy, the</p>	Program Review template	ongoing

Intended Program Outcomes	Indicators of Success	Data Collection Methods	Result
	work of the Dementia Network of Calgary and Area and the Alberta Government's provincial dementia strategy.		

*Most facilitators already had some level of dementia training before becoming involved in the initiative.