

Dementia Advice

Available through Health Link



If you or someone you love is living with dementia, including Alzheimer's disease, a new service is available to answer your questions and provide advice. It's easy:

- 1** Call Health Link 24/7 by dialing 811.
- 2** Staff will assess your needs and provide advice immediately for your concerns.
- 3** When needed, you will be referred to a specialized dementia nurse for additional advice.

What is dementia?

Dementia is a syndrome which affects things like memory and judgment. The most common type of dementia is Alzheimer's disease.

How does the new service work?

By dialing 811 24/7, callers will reach Health Link staff who will discuss their needs and can refer them to a specialized dementia nurse when needed.

The dementia nurse can do an in-depth assessment and provide advice. The service will also connect callers to the resources and supports available in their community.

For more information on dementia and Alzheimer's disease visit [MyHealth.Alberta.ca](https://myhealth.alberta.ca).