

Team Action Plan for Delirium Prevention

How is your unit/facility doing in the following areas?	Needs Improvement	Average	Great
Medication review to reduce pill and anticholinergic burden, antipsychotics, sedatives			
Support sleep			
Appropriate use of Drugs for Bugs			
Reduce stress: pain			
Reduce stress: overstimulation (e.g. call bells, bed alarms, overhead paging)			
Reduce stress: person-centred care plan			
Reduce stress: minimal use of physical restraints			
Support of hydration			
Support of nutrition			
Early delirium detection			
Rapid delirium response			
Other:			

1. Place a check mark to indicate how you think your team is doing in each area listed.
2. Compare results as a team: what areas are you doing well? Celebrate!
3. Compare results as a team: where is improvement most needed?
4. Select at least 1 Quality Improvement Focus.
5. Determine next steps. (see reverse)

Quality Improvement Focus	
Steps to Culture Change	Action Plan: Who will do what, by when?
<p>Who can help you?</p> <p>Who needs to be part of the change?</p>	
<p>Awareness: How will you raise awareness of the problem?</p>	
<p>Desire: What are your obstacles?</p> <p>How can you create desire for change? e.g. share success stories, involve people in the change</p>	
<p>Knowledge and Ability: What is needed to make the change? e.g. knowledge, skills, processes, materials. (Avoid listing things you can't control such as more staff)</p>	
<p>What would it look like to try a small test?</p> <p>When will you start?</p>	
<p>Plan to learn from success and failure. Who can help you evaluate and determine next steps?</p> <p>How often do you need to meet to keep learning and improving?</p>	