

# Rimbey Community - Opening Minds through Art (RC-OMA)

## **Rimbey community - Opening Minds through Art (RC-OMA), Central Zone**

Rimbey Community Home Help Services Association

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Rimbey Community Home Help Services is a non-profit agency that provides more than twenty preventive social programs to the community of Rimbey and west half of Ponoka County. Our agency is nearly forty years old and is continually growing in numbers of volunteers, staff and capacity to provide new programs to all age groups.

Opening Minds through Art, OMA, is an evidence-based art therapy program for people living with dementia. This initiative will bring OMA to rural central Alberta and expand the capacity of those working with dementia clients who live in the community, as well as providing a new volunteer opportunity to the youth of our community. This is important for increasing accessibility to programs for rural residents.

Person-centred care will be the focus of this program as each participant will have a dedicated volunteer who will focus solely on them. Training will be completed in January 2020 and workshops will start immediately thereafter. A barrier-free space in the community will be used for the program by partnering with the Blindman Youth Action Society.

