

Young Onset Dementia

Midterm Update



The Young Onset Dementia Initiative is a knowledge- and capacity-building project for the Alzheimer Society of Alberta and Northwest Territories to provide individualized services and supports for persons diagnosed with young onset dementia (individuals under the age of 65) and their caregivers.

The Young Onset Dementia Initiative has made great strides despite the COVID-19 pandemic restrictions.

Midterm Milestones:

- A literature review of national and international young onset service delivery models was conducted.
- Young onset dementia focus group members (including those living with dementia and care partners) from Edmonton and Calgary were brought together virtually, as opposed to the original in-person design.
- An advisory committee from focus group participants from across the province was created to help inform the work of the initiative.
- A resource list of learning and support resources was developed.
- Resources include:
 - An analysis tool to identify gaps in services/supports in Alberta
 - Planning Ahead checklist (for persons living with dementia and caregivers)
 - A list of learning and support resources in the Edmonton area that can be easily adapted for other regions and communities.
 - Step-by-Step Pathway documents which can be used at different times in the journey and include information on pre-diagnosis, diagnosis, support services, etc.
- Young onset support groups are available to both caregivers and persons living with dementia online that can be accessed across the province.

May 3, 2021

