

# Young Onset Dementia

## **Young Onset Dementia, Provincial**

Alzheimer Society of Alberta and Northwest Territories

*Project Lead: Michele Mulder, CEO*

The Young Onset Dementia initiative is a year-long knowledge- and capacity-building project for the Alzheimer Society of Alberta and Northwest Territories. The initiative will provide individualized services and supports for persons diagnosed with young onset dementia (individuals under the age of 65) and their caregivers. A young onset dementia coordinator position will allow for research of community resources currently available, along with providing new services in areas where extra support may be needed. To provide impactful services and supports, the coordinator will be involving individuals with lived experience of young onset dementia through resource and service development as participants of focus groups, surveys, and an advisory committee.

Through research, connecting with community resources, and obtaining feedback from those with lived experiences, the coordinator will seek to increase capacity of the Alzheimer Society of Alberta and Northwest Territories across the province and territory in a meaningful way. The resources developed will be available throughout the regional offices of the Alzheimer Society of Alberta and Northwest Territories and online through the ASANT Café. Based on consultation, resources may include webinars, online support groups, and online discussion forums. The goal is to create a “one-stop-shop” where staff can help people living with young onset dementia and their caregivers to identify their needs and connect them to appropriate services and support in their community.

