

YouQuest Young Onset Dementia Participant Satisfaction Survey

YouQuest Participant Satisfaction Survey

Information collected September 2 & 7, 2021

Total participants included: 10

Process: During a service day, we took a break and had a conversation around the table. The Recreation Therapist asked the questions and guided the discussion to ensure everyone had the opportunity to provide their own input. Participants and volunteers were mixed with no more than 5 people at a table. Questions were repeated and modified as needed to assist the participants with cognitive processing. The identity and responses of the participants is anonymous and is used only for the purpose of completing grant applications and reports.

Questions asked:

1. What is the very BEST part of YouQuest for you?
2. What is one thing you would CHANGE about YouQuest?
3. How do you feel YouQuest has changed your quality of life?
4. How do you feel YouQuest has improved your relationships?
5. Anything else you would like to say about YouQuest?

Responses:

1. What is the very BEST part of YouQuest for you?
 - Connection
 - Being together
 - Variety of activities
 - Getting out
 - Feeling of safety
 - Disc Golf – team activities
 - Just being around people
 - Great group of people
 - Hikes and Walks
 - Mingle, being with people and interaction with others
 - Opens the mind with no one telling you how to do everything
 - Being outside
 - Interaction with people, great food and being able to work on your brain
 - Talking with other people
 - Lots of walking (I can't cook anymore, but I can do lots of physical things)
 - Cater to our individual needs



Seniors Health
Strategic Clinical
Network™



YouQuest Young Onset Participant Satisfaction Survey • 2

- Loves the people
- Tires us out (a good thing)
- Learning new things
- Basketball
- Going to new places

Themes:

- Connection/interaction with other people
- Safety
- Activities/Events
- Physical Activity

2. What is one thing you would CHANGE about YouQuest?

- Less walking on hills
- Sometimes do something less physical (like play cards)
- Transportation – it's hard to rely on family to drive us especially if they have their own emergencies
- Distance from south to north (transportation)
- Central location – easier to be dropped off
- Provide more music during the day with more musicians
- Go back to full days at one venue

Themes:

- Provide transportation
- More music
- More cognitive work

3. How do you feel YouQuest has improved your quality of life?

- Was at first hesitant/nervous to come, but now I love it!
- I look forward to YouQuest
- My wife says it is good for me so that I am not so zoned out at night
- The social interaction is very good for me
- Feel like people perceive me differently
- Not being alone has improved my quality of life
- I am better at home with knowing my limits
- I didn't talk as much before but meeting new people, trying new things have motivated me to talk more
- Help me talk more when in the YouQuest group
- There is more socializing and makes me more active
- It provides a reason to get up in the morning
- New interests and activities to explore have been inspiring
- Something to look forward to
- Something to share with others
- Now not being employed, it is great to get out of the house

Themes:

- Something to look forward to
- Increased confidence (talking more, friendships)
- Connection with other people

YouQuest Young Onset Participant Satisfaction Survey • 3

- Cognitive and Physical activity is good

4. How do you feel YouQuest has improved your relationships?

- It is nice to do something independent of my spouse/care partner
- It is nice to come home with topics to discuss
- It's a place to meet new people and it is a lot of fun
- I've made new friends and I look forward to seeing them
- Lots of laughs
- I've made friends and enjoy seeing them regularly
- It is a safe place to talk about things – people understand
- Others don't see the changes we are going through
- It's valuable to hear how people deal with their symptoms
- It is good to hear other peoples' stories on dementia
- It is sad to see people decline, but we can talk about it

Themes:

- Improved communication with other peoples (care partner/family)
- Made new friends
- Place to be open and real about diagnosis/symptoms

5. Anything else you want to say about YouQuest?

- Do badminton, croquet
- Explore more ethnic cuisine
- Have breakfast for lunch
- Our families get a break from us
- My wife has the day to herself
- We have something new to talk about with our families
- Would like to create a bucket list when we start full days again
- Get word out more so that YouQuest can get more funding
- Try to reduce expense so it's more affordable for families (\$25-30 for full days)
- In person opportunities to share our stories with donors/funders
- Add in country music
- Lots of baking

Themes:

- Respite for loved ones is appreciated
- We need to get more funding for YouQuest
- Suggestions for other activities/food
- Appreciate the social, cognitive and physical challenge