

Is your child in the right seat? How to use these resources

New car seat & booster seat resources available now

The *Is your child in the right seat?* resources include short, educational videos and information sheets which give key information about car seat use. These videos and information sheets come in English and eleven additional languages:

- Arabic
- Nepali
- Somali

- Dari
- Russian
- Swahili

- FarsiFrench
- Mandarin/
- Tigrinya
- Simplified
- Ukrainian
- Chinese

Purpose

The purpose of these resources is to support car seat and booster seat safety education for families in multiple languages and for families who may experience low literacy.

The videos

Each video is between 4 and 7 minutes long and helps the viewer determine if a child is in the right car seat in a vehicle. Tips for how to install and use each type of car seat are also presented.

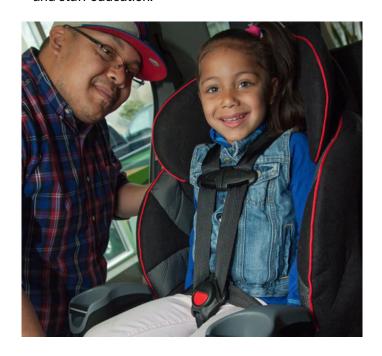
The print resources

Each *Is your child in the right seat?* information sheet covers the same points as the video. For an English speaker to assist a caregiver in another language, print the English sheet on one side and the other language on the other side.

How to use these resources

These resources are designed to support you and the important work you do to promote child passenger safety and prevent injury. Suggested ways to share this resource include:

- Refer parents and caregivers to <u>ahs.ca/carseats</u> to access all car seat resources for Alberta.
- Encourage parents and caregivers to watch the car seat video in English or another language.
- Add a session on child safety topics at the end of a parenting or prenatal class or group, where you can present these and other resources.
- Encourage home visitors and parenting support services to use these resources for parent, caregiver and staff education.





For more information:

- · Visit ahs.ca/carseats
- Call Health Link at 811
- Visit <u>healthyparentshealthychildren.ca</u> and search for "car seats"







Frequently asked questions

Who are these resources designed to support?

The *Is your child in the right seat?* videos and information sheets are meant for:

- · All families with young children
- Families who speak English as an additional language
- Families who are more comfortable using resources in another language
- · Families who prefer video resources

Why is child passenger safety important?

Motor vehicle collisions are a leading cause of fatal injury for Canadian children. Children are especially vulnerable to these injuries when they are not properly buckled in the right car seat, booster seat or seat belt. Together, we can help make sure that every family has the support they need to keep their children safe when riding in the car.

Click here for <u>safety alerts and notices</u> for child car seats from Transport Canada.

Where can I find more car seat information?

The *Is your child in the right seat?* videos and information sheets are at ahs.ca/carseats.

Additional resources you'll find there include:

- · Infant seat in English and French
- · Rear-facing seat in English and French
- Forward-facing seat in English and French
- · Booster seat in English and French
- Getting started: is your car seat safe to use? print resource, available in English, French and Arabic
- How to use and choose your car seat video, available in English
- The <u>Is your child in the right seat? poster</u> that shows the many languages for which translations of the Is your child in the right seat? resources and videos are available.

Can copies be ordered?

Anyone can order copies of the *Is your child in the right* seat? poster or any other car seat resource at cost from Data Communications Management (DCM).

 To order, find the item number in the bottom right corner of the resource (e.g. 105499 for the poster), then contact DCM's Help Desk at 403-207-6631 or ahshelp@datacm.com.



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