1. Turn spout (A) counter clockwise while holding the ring (B) and bottle top (C).

2. In a downward direction, gently squeeze bottle into palm of cupped hand. Apply an adequate amount of product and continuously rub all surfaces of hands until dry. This should take between 15 – 20 seconds.

3. Discard bottle when empty.

Note: AHS has several new providers of alcohol-based hand rub. These products meet the Health Canada requirements for safety, effectiveness and quality and use the World Health Organization - recommended Handrub Formulations. These new products may look, smell and feel different from other products; they are effective in killing and preventing the spread of microorganisms. Product labels and styles of dispensing pumps may change over time.