1. Remove sealed cap (A).
2. Install pop-top (B) onto bottle.
3. Lift up tab (C).
4. In a downward direction, gently squeeze bottle into palm of cupped hand. Apply an adequate amount of product and continuously rub all surfaces of hands until dry. This should take between 15 – 20 seconds.
5. Discard bottle when empty.

Note: AHS has several new providers of alcohol-based hand rub. These products meet the Health Canada requirements for safety, effectiveness and quality and use the World Health Organization - recommended Handrub Formulations. These new products may look, smell and feel different from other products; they are effective in killing and preventing the spread of microorganisms. Product labels and styles of dispensing pumps may change over time.