ASSESS the TASK, the PATIENT and the ENVIRONMENT¹
Prior to EACH PATIENT INTERACTION
Performing a PCRA is the first step in routine practices.
Routine Practices are to be used with all patients for all care and all interactions.
This will help you decide what, if any, PPE you need to wear to protect yourself and to prevent the spread of germs.

A PCRA is to be performed prior to contact with every patient, every time even if the patient has been placed on Additional Precautions as more PPE may be required.

Will my hands be exposed to BBF² or contaminated items?  
YES
WEAR NON-STERILE GLOVES

Will my clothing or skin become soiled from splashes/sprays or contact with items contaminated with BBF²?
YES
WEAR GOWN

Will my eyes or face or mucous membranes be splashed or sprayed with BBF² or within 2 meters of coughing or vomiting patient?
YES
WEAR FACIAL PROTECTION (Mask and Eye)

Perform Hand Hygiene before and after PPE use

Refer to Donning and Doffing posters for correct order for putting on and removing PPE & hand hygiene steps

Notes

¹Environment = any area within 2 meters of the patient as well as their belongings and bathroom or the immediate space around a patient that may be touched by the patient AND may also be touched by the healthcare provider when providing care or performing tasks

²BBF = Blood and Body Fluids (includes: urine, feces, wound drainage, saliva, vomit, CSF, sputum, nasal secretions, semen, vaginal secretions)

Adapted from Choosing Personal Protective Equipment (PPE) 2014