Point of Care Risk Assessment (PCRA)

**ASSESS the TASK, the PATIENT and the ENVIRONMENT**¹ Prior to EACH PATIENT INTERACTION

- Performing a PCRA is the first step in routine practices.
- Routine Practices are to be used with all patients for all care and all interactions.
- This will help you decide what PPE (if any) you need to protect yourself and to prevent the spread of germs.

**COVID-19 PPE** includes fit-tested N95 respirator/approved equivalent or surgical/procedure mask, eye protection (goggles or face shield with side protection), gown (fluid-resistant or impermeable), and gloves.

Additional information on current PPE requirements, such as continuous masking and eye protection, can be found at: [https://www.albertahealthservices.ca/topics/Page17048.aspx](https://www.albertahealthservices.ca/topics/Page17048.aspx)

---

**NOTES**

- **Environment** = Any area within 2 meters of the patient, their belongings, and their bathroom.

- **BBF = Blood and Body Fluids** (includes: urine, feces, wound drainage, saliva, vomit, CSF, sputum, nasal secretions, semen, vaginal secretions)

Adapted from Choosing Personal Protective Equipment (PPE) 2014

---

Refer to PPE Checklist for correct order for putting on and removing PPE & hand hygiene steps

[https://creativecommons.org/licenses/by-nc-nc/]