

# CONTACT PRECAUTIONS CONTINUING CARE



SINGLE ROOM RECOMMENDED WITH DEDICATED EQUIPMENT EVERYONE MUST:



## Clean hands when entering and leaving room



#### **STAFF MUST:**

- ✓ Wear gown and gloves when providing direct care
- Discard gown and gloves on leaving room

## **VISITORS MUST:**



- ✓ Check with nursing staff before entering room
- Wear gown and gloves when providing direct care
- Discard gown and gloves on leaving room



When residents must leave their room: ✓ Wear clean clothing



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## **USE IN ADDITION TO ROUTINE PRACTICES**

#### **Additional Information – Also see Contact Precautions Information Sheet**

- Single room and bathroom recommended whenever possible.
- If room sharing: ensure separation of at least 1 metre between residents and between beds; dedicate a bathroom or commode for each resident; pull privacy curtains between residents.
- Door may remain open.
- Dedicate equipment to the isolated resident or clean and disinfect shared equipment after use.
- Do not share items (e.g., puzzles, books, electronics) that cannot be cleaned and disinfected.
- Rooms should contain a dedicated linen bag. Do not overfill bags. Double bag only if leaking.
- All high touch surfaces in the resident's room must be cleaned at least daily with facility approved products and procedures.

#### **Common Organisms Requiring CONTACT Precautions (not all inclusive)**

- C Diff (Clostridium difficile)
- Scabies until 24 hours after treatment
- Norovirus (Droplet and Contact Precautions if actively vomiting)
- Antibiotic Resistant Organisms refer to Additional Precautions for ARO Positive Residents in Continuing Care

Wear a new gown and gloves to enter resident room or bed space when:

- providing direct care (e.g., bathing, washing, turning the resident, changing clothing, continence care, dressing changes, care of open wounds/lesion or toileting)
- having any contact with items in resident room (*including gathering and handling* specimens)
- o cleaning any areas in the resident room

#### **Remember!**

If the resident has diarrhea it is recommended that soap and water be used for hand hygiene after removing gloves instead of alcohol-based hand rub. (AHS Hand Hygiene Procedure, June 2017.)

