

Take 30: Observe. Improve. Protect.

Hand Hygiene Observation Opportunities

Scheduling a “Take 30” observation period during peak patient care activities can assist in increasing the number of hand hygiene observation opportunities, particularly during morning/evening care, medication administration, shift changes and meal assistance. The following suggestions are intended to provide examples of observation opportunities and are not all-inclusive; additional opportunities may exist depending on the site, unit, or program.

Inpatient Areas	Ambulatory Care Areas	Non-Clinical Care Areas
• Morning/evening care • Vital signs & assessments • Medication administrations • Shift change & bedside hand over • Initial, final, safety & comfort rounds (physical interdisciplinary, leadership) • Admissions, transfers & discharges • Therapy sessions (physiotherapy, occupational therapy, respiratory therapy, group therapy) • Clinical procedures (specimens, dressings, IV/PICC care) • Patient portering • Meal set-up & feeding assistance • Accessing clean supplies • Safety/initial/final rounds • Outbreaks or high-demand periods	• Admissions, transfers, discharges & triage • Medication administrations • Clinical procedures (specimen collection, diagnostic imaging, dressings, IV/PICC care) • Meal preparation/set-up • Accessing clean supplies • Personal residence client visits • Pop-up immunization clinics • Emergency Health Services (EHS) transports and community care	• Client admissions, registration & intake assessments • Medication administration • Therapy or group sessions • Accessing clean supplies • Accessing client personal items • Morning and evening care • Residential client visit • Meal preparation/set-up • EHS transports and community care

Additional Strategies to Increase Opportunities
• Pair observations with routine duties (e.g., rounds) • Expand observations across all shifts (evenings, nights, weekends, holidays) • Site-based reviewers should observe Moments 2 and 3 during each review • Include a variety of healthcare providers and support services staff • Train additional site-based reviewers to increase observation capacity • For more scenarios see the Guide to Conduct Reviews