

PPE Safety Coach Community of Practice

Summary March 29, 2022

At the PPE Safety Coach Community of Practice (CoP), knowledge and experience sharing amongst coaches is welcomed and encouraged. Coaches come together from across the province to discuss and learn from the experiences of others with the same professional interest.

This document summarizes key learnings shared with the coaches to help support the coaching process. Coaches are encouraged to review the key learnings (takeaways) from the sessions if they are unable to attend.

Topic	Summary
Topic: Poll Questions	<p>Question 1: Which of the following roles best describes you?</p> <ul style="list-style-type: none"> <input type="radio"/> PPE Safety Coach (Provincial Program) <input type="radio"/> PPE Coach/Mentor (e.g. Peer Safety Mentor, Officer, Auditor, etc.) <input type="radio"/> Continuing Care PPE Safety Coach or Designate <input type="radio"/> I'm not a PPE Coach or Designate, but just observing <input type="radio"/> Member of the IPC program <p>Question 2: For those that are in a PPE Coaching role, in the past month, how many times have you coached or supported someone in the selection and use of PPE?</p> <ul style="list-style-type: none"> <input type="radio"/> 1-5 times <input type="radio"/> 6-10 times <input type="radio"/> More than 10 times <input type="radio"/> None <p>Question 3: For those in a PPE Coaching role, in the past week, how many PPE breaches were prevented?</p> <ul style="list-style-type: none"> <input type="radio"/> Zero breaches <input type="radio"/> 1-5 breaches <input type="radio"/> 6-10 breaches <input type="radio"/> Greater than 10 breaches
Topic: Guest Speaker Clinical Practice Coordinator, IPC Calgary Zone Rediscover Joy at Work	<p>Summary</p> <p>A year and a half of the Covid pandemic has left many of us bereft of the joy we once felt at work. Add to the losses we've suffered the constant need to present ourselves as more "okay" than we really feel and the requirement to always be in response mode rather than pursuing the work we most enjoy and it's no wonder that we're mired in malaise. Psychologist and leadership coach Rebecca Newton describes four steps to take to rebuild our sense of professional joy: Build your strengths into your day, focus on your professional growth, share your emotions with a trusted colleague, and rebuild relationships through the work itself.</p> <p>Hyperlink to article (Harvard Business Review): https://hbr.org/2021/09/rediscover-joy-at-work</p>
Topic: Overview of the AHS Provincial PPE Safety Coach Program Website	<p>An overview of the AHS Provincial PPE Safety Coach Program website was provided.</p> <p>To access the website, visit: ahs.ca/ppesafetycoach.</p>
PPE Questions	<p>If you have general questions about PPE in Alberta, contact the PPE Task Force: ppe@ahs.ca</p> <p>If you have questions about the Provincial PPE Safety Coach Program, email: ppesafetycoach@ahs.ca</p>
Next CoP	(May 2022 Date TBD)