

# PPE Safety Coach Pocket Card

PPE Checklist Contact and Droplet Precautions					
Steps for putting on PPE		Steps for taking off PPE			
<b>1</b>		Clean hands	<b>1</b>		Gloves
<b>2</b>		Gown Tie top and waist	<b>2</b>		Clean hands
<b>3</b>		Mask with visor or mask* and eye protection  Cover nose and mouth, eye protection secured	<b>3</b>		Gown (untie at top first, then waist)
			<b>4</b>		Clean hands
<b>4</b>		Gloves Over cuffs	<b>5</b>	 DISCARD EYE PROTECTION AND MASK	DISPOSABLE eye protection and mask or Mask with visor
		*For Aerosol-generating medical procedures use fit-tested N95 respirator instead of surgical/procedure mask. Seal check before entering room.			<b>5</b>
	For more information contact <a href="mailto:ppesafetycoach@ahs.ca">ppesafetycoach@ahs.ca</a> © 2021 Alberta Health Services, IPC	Original Date: March 2019 Revised Date: April 20, 2021 ECC Approved: April 21, 2021	<b>6</b>		Hand sanitizer or Soap and water

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Provincial Personal Protective Equipment (PPE) Safety Coach Program

For more information, go to [ahs.ca/ppesafetycoach](http://ahs.ca/ppesafetycoach)

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# General Coaching Tips

- Locate all contact & droplet patient spaces and check isolation carts for adequate supplies and signage (e.g., AGMP sign)
- If available, assist visitors with PPE questions with primary guidance coming from the patient's primary healthcare provider
- Common language (e.g., proceed and pause)
  - Review steps for PPE safety
- Provide just-in-time feedback that includes meaningful rationale
- Stay current with PPE changes including continuous masking and eye protection
- Know when PPE needs to be changed
- Patients are not required to wear isolation gowns or gloves when being transported from their room or treatment space



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