## PPE Steps for Hydrating

1	0 0 0 0 0 0 0	Perform hand hygiene
2	5	Doff eye protection and mask
3	0000	Perform hand hygiene
4	HYDRATE Yourself	Hydrate!
5	0000	Perform hand hygiene
6	B	Don clean mask and eye protection
7	0 0 0 0 0 0 0 0	Perform hand hygiene
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