Method 1: Sealed cap

1. Perform hand hygiene.
2. Remove sealed cap (A).
3. Remove tamper-evident ring (B).
4. Install pop-top (C) onto bottle.
5. Remove clear protective cap (D).
6. Pull the inner cap (E).

Method 2: Pop-top

1. Perform hand hygiene.
2. Remove clear protective cap (A).
3. Pull the inner cap (B).

In a downward direction, gently squeeze bottle into palm of cupped hand. Apply an adequate amount of product and continuously rub all surfaces of hands until dry. This should take between 15 – 20 seconds.

Discard bottle when empty.

Note: AHS has several new providers of alcohol-based hand rub. These products meet the Health Canada requirements for safety, effectiveness and quality and use the World Health Organization-recommended hand rub formulations. These new products may look, smell and feel different from other products; they are effective in killing and preventing the spread of microorganisms.