Use this checklist following the **Call Do Respond** method.

**Call** (Buddy reads aloud the action to be performed)

**Do** (HCP performs action)

**Respond** (HCP performing the action announces the completion of the action)

### 1. REMOVE VISIBLE SOIL FROM PPE

If there is visible soil on PPE:

- Using an absorbent pad, blot bodily fluids from PPE
- Using a disinfectant wipe, wipe affected area(s)
- Allow to dry

If gloves become visibly soiled during doffing, use a disinfectant wipe to remove gross soil. Allow to dry before continuing.

### 2. GLOVES

- Remove outer gloves with care
- Drop gloves into biomedical waste container

### 3. APRON

- **Buddy** unties apron back and gently tears apart perforated neckline
- **HCP** pulls thumb loops loose
- **HCP** slides hands into apron sleeves. With hands inside apron sleeves, pull apron off using outer surfaces of apron
- **HCP** gently folds up apron and drops into biomedical waste container

### 4. FACE SHIELD

**DO NOT TOUCH FRONT OF FACE SHIELD.**

- Bend slightly forward, pull strap gently forward and lift over head and away from face
- Discard face shield into biomedical waste container

### 5. FULL-NECK HOOD

- **HCP** faces **Buddy** and bends forward
- **Buddy** grasps back of hood and pulls hood forward over **HCP** head and off face
- Drop hood into biomedical waste container
- **Buddy** performs hand hygiene and puts on new gloves
### 6. COVERALLS
- **Buddy** unsticks flap and unzips coverall
- **Buddy** removes and discards gloves, performs hand hygiene and puts on new gloves
- On clean side, **Buddy** standing behind **HCP** grasps hood and rolls coverall hood backward on itself
- **Buddy** rolls coveralls off shoulders
- **HCP** holds arms at sides, slightly away from body. **Buddy** rolls coveralls off down to ankles.
- **HCP** carefully removes and discards inner gloves, performs hand hygiene and puts on new set of gloves
- **HCP** sits on contaminated side and pulls off coveralls, one foot at a time. Shoe covers will be removed with coveralls as one piece. Once coverall is removed put foot on clean side. Then remove second leg from coverall and step into clean side. **Buddy** may assist with this.
- Discard coveralls into biomedical waste container
- **HCP** removes gloves and performs hand hygiene

### 7. BOUFFANT HEAD COVER
- Pull bouffant hair cover backwards off head, bouffant may come off when pulling off the coverall
- Drop into biomedical waste container

### 8. MASK/N95 RESPIRATOR
**DO NOT TOUCH FRONT OF MASK OR RESPIRATOR.**

#### 8A. MASK
- Remove eye glasses, or optional goggles, if worn. Discard goggles into biomedical waste container.
- Bend slightly forward and remove by grasping loops
- Discard mask into biomedical waste container

#### 8B. N95 RESPIRATOR
- Remove eye glasses, or optional goggles, if worn. Discard goggles into biomedical waste container.
- Bend slightly forward and remove by grasping bottom band
- Remove top band and carefully remove respirator from face
- Discard respirator into biomedical waste container

### 9. HAND HYGIENE
- Perform hand hygiene, using alcohol-based hand rub