Note: PPE Buddy, wearing appropriate PPE, stays on the "clean" side to assist with doffing.

1. REMOVE VISIBLE SOIL FROM PPE



If there is visible soil on PPE:

- HCP will soak up all body fluids with an absorbent product (incontinence pad, etc.) using a blotting action. Immediately discard the product into biomedical waste containers.
- Wipe the affected spots of PPE with AHS approved disinfectant wipe and immediately discard wipe into biomedical waste container. Allow PPE to dry.



If gloves become visibly soiled, use AHS approved disinfectant wipe to remove contamination and immediately discard wipe into biomedical waste containers. Allow gloves to dry.

2. GLOVES



Remove gloves with care.



Drop gloves into biomedical waste container.

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3. APRON



Buddy tears back of apron at neck and unties apron.



HCP pulls thumb loops loose.



HCP slides hands into apron. Grasps apron at shoulders, pulls apron down and away from body folding outer surfaces toward each other.



HCP gently folds apron and drops into biomedical waste container.

4. FACE SHIELD



Do not touch front of face shield.



Bend slightly forward, pull back strap gently and lift over head and away from face.



Drop face shield into biomedical waste container.



5. FULL-NECK HOOD



HCP faces Buddy and bends forward



Buddy grasps back of hood and pulls forward over head and off face. Bouffant may come off. Discard hood into biomedical waste container.



Buddy removes and discards gloves.



Buddy performs hand hygiene and puts on new gloves.

6. GOWN



Buddy unties gown.



HCP tucks hands inside cuffs of gown.



HCP pulls down from the shoulders and away biomedical waste from body, one sleeve at container. a time, folding outer surfaces towards each other.



HCP drops gown into



7. LEG COVERS



With legs apart, HCP reaches down to untie straps.



HCP removes inner gloves, drops into biomedical waste container.



HCP performs hand hygiene. Dons new, clean gloves.



While standing **HCP** pulls leg coverings away from body and cut top elastic at front of each leg covering. Blunt end of scissors facing leg. Discard scissors into sharps container.



HCP puts gloved hands inside leg coverings, and folds each leg covering down turning inside out to ankle.



HCP sits. Do not cross legs.



HCP removes leg covers from each foot, or

HCP sets each foot down on clean side of

doffing area as it is removed from leg cover and



HCP and **Buddy Buddy** pulls off, and drops into biomedical waste remove gloves, drop in biomedical waste container.

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stands up once both feet are on clean side. www.albertahealthservices.ca/topics/Page10289.aspx Page 4 of 7

container.

7. LEG COVERS CONTINUED



HCP and **Buddy** perform hand hygiene.



Buddy dons new gloves if doing tasks on contaminated side.

8. BOUFFANT HEAD COVER



Pull bouffant head cover backwards off head.



Drop bouffant head cover into biomedical waste container.



9. MASK/N95 RESPIRATOR





Do not touch front of mask.



Remove personal eye glasses, if worn. Bend slightly forward and remove mask by grasping loops.



Drop mask into biomedical waste container.

9B. N95 RESPIRATOR



Remove personal eye glasses, if worn. Do not touch front of mask. Bend slightly forward and remove by grasping bottom band.



Remove top band and carefully remove respirator from face.



Drop respirator into biomedical waste container.





Use an alcohol-based hand rub. Put on personal eye glasses.

