Gown Doffing Sequence
Viral Hemorrhagic Fever (Ebola)

Note: PPE Buddy, wearing appropriate PPE, stays on the “clean” side to assist with doffing.

1. REMOVE VISIBLE SOIL FROM PPE

If there is visible soil on PPE:
- **HCP** will soak up all body fluids with an absorbent product (incontinence pad, etc.) using a blotting action. Immediately discard the product into biomedical waste containers.
- Wipe the affected spots of PPE with AHS approved disinfectant wipe and immediately discard wipe into biomedical waste container. Allow PPE to dry.

If gloves become visibly soiled, use AHS approved disinfectant wipe to remove contamination and immediately discard wipe into biomedical waste containers. Allow gloves to dry.

2. GLOVES

Remove gloves with care.
Drop gloves into biomedical waste container.
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3. APRON

A. Buddy tears back of apron at neck and unties apron.

B. HCP pulls thumb loops loose.

C. HCP slides hands into apron sleeves. With hands inside apron sleeves so they never touch the outer surfaces, the HCP pulls apron off using the outer surfaces of apron.

D. HCP gently folds up apron and drops it into biohazard container.

4. FACE SHIELD

A. Do not touch front of face shield.

B. Bend slightly forward, pull back strap gently and lift over head and away from face.

C. Drop face shield into biomedical waste container.
5. FULL-NECK HOOD

A. HCP faces Buddy and bends forward.
B. Buddy grasps back of hood and pulls forward over head and off face. Bouffant may come off. Discard hood into biomedical waste container.
C. Buddy removes and discards gloves.
D. Buddy performs hand hygiene and puts on new gloves.

6. GOWN

A. Buddy unties gown.
B. HCP tucks hands inside cuffs of gown.
C. HCP pulls down from the shoulders and away from body, one sleeve at a time, folding outer surfaces towards each other.
D. HCP drops gown into biomedical waste container.
7. LEG COVERS

A. With legs apart, HCP reaches down to untie straps.

B. HCP removes inner gloves, drops into biomedical waste container.

C. HCP performs hand hygiene. Dons new, clean gloves.

D. While standing HCP pulls leg coverings away from body and cut top elastic at front of each leg covering. Blunt end of scissors facing leg. Discard scissors into sharps container.

E. HCP puts gloved hands inside leg coverings, and folds each leg covering down turning inside out to ankle.

F. HCP sits. Do not cross legs.

G. HCP removes leg covers from each foot, or Buddy pulls off, and drops into biomedical waste container. HCP sets each foot down on clean side of doffing area as it is removed from leg cover and stands up once both feet are on clean side.

H. HCP and Buddy remove gloves, drop in biomedical waste container.
7. LEG COVERS CONTINUED

**I**
HCP and Buddy perform hand hygiene.

**J**
Buddy dons new gloves if doing tasks on contaminated side.

8. BOUFFANT HEAD COVER

**A**
Pull bouffant head cover backwards off head.

**B**
Drop bouffant head cover into biomedical waste container.
9. MASK/N95 RESPIRATOR

9A. MASK

A. Do not touch front of mask.
B. Remove personal eye glasses, if worn. Bend slightly forward and remove mask by grasping loops.
C. Drop mask into biomedical waste container.

9B. N95 RESPIRATOR

A. Remove personal eye glasses, if worn. Do not touch front of mask. Bend slightly forward and remove by grasping bottom band.
B. Remove top band and carefully remove respirator from face.
C. Drop respirator into biomedical waste container.
10. HAND HYGIENE

Use an alcohol-based hand rub. Put on personal eye glasses.