

**Buddy Donning Checklist**  
 Viral Hemorrhagic Fever (Ebola)  
 Infection Prevention and Control - September 2015

<b>1. PREPARATION</b> <ul style="list-style-type: none"> <li>• Pull hair back, secure off neck and face</li> <li>• Remove all extra items on person</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>
<b>2. HAND HYGIENE</b> <ul style="list-style-type: none"> <li>• Perform hand hygiene, using alcohol based hand rub</li> <li>  If hands look or feel dirty use soap and water</li> </ul>	<input type="checkbox"/>
<b>3. SHOE COVERS</b> <ul style="list-style-type: none"> <li>• Sit on a chair or stool. Put on shoe covers</li> </ul>	<input type="checkbox"/>
<b>4. HAND HYGIENE</b> <ul style="list-style-type: none"> <li>• Perform hand hygiene, using alcohol based hand rub</li> </ul>	<input type="checkbox"/>
<b>5. FLUID IMPERVIOUS GOWN</b> <ul style="list-style-type: none"> <li>• Put on gown</li> <li>• Make sure gown covers from neck to knees and sleeves come down to wrists</li> <li>• Tie or close gown at back of neck and waist</li> <li>• If there are two sets of ties at waist (inside and outside), tie outer waist ties only</li> </ul> Another person may assist with ties	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>6. MASK</b> <ul style="list-style-type: none"> <li>• Remove personal eye glasses, if worn</li> <li>• Put on mask</li> <li>• Put ear loops over ears</li> <li>• Pinch nose piece to fit bridge of nose using both hands</li> <li>• Put on personal eye glasses, if worn</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>7. BOUFFANT HEAD COVER</b> <ul style="list-style-type: none"> <li>• Put on bouffant head cover</li> <li>• Ensure ears and all hair is covered (use mirror or another person)</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>
<b>8. FACE SHIELD</b> <ul style="list-style-type: none"> <li>• Put on face shield</li> <li>• Adjust to fit square to face</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>
<b>9. GLOVES</b> <ul style="list-style-type: none"> <li>• Put on extended cuff nitrile or surgical gloves</li> <li>• Pull cuffs of gloves over cuffs of gown</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>
<b>USE A MIRROR OR ANOTHER PERSON PERFORM A DOUBLE CHECK TO ENSURE DONNING OF PPE IS COMPLETE.</b>	