

Buddy Donning Checklist

Viral Hemorrhagic Fever (Ebola)

1. PREPARATION <ul style="list-style-type: none"> • Pull hair back, secure off neck and face • Remove all extra items on person 	<input type="checkbox"/> <input type="checkbox"/>
2. HAND HYGIENE <ul style="list-style-type: none"> • Perform hand hygiene, using alcohol-based hand rub If hands look or feel dirty use soap and water. 	<input type="checkbox"/>
3. SHOE COVERS <ul style="list-style-type: none"> • Sit on a chair or stool. Put on shoe covers. 	<input type="checkbox"/>
4. HAND HYGIENE <ul style="list-style-type: none"> • Perform hand hygiene, using alcohol-based hand rub 	<input type="checkbox"/>
5. FLUID IMPERVIOUS GOWN <ul style="list-style-type: none"> • Put on gown • Make sure gown covers from neck to knees and sleeves come down to wrists • Tie or close gown at back of neck and waist • If there are two sets of ties at waist (inside and outside), tie outer waist ties only. Another person may assist with ties. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
6. MASK <ul style="list-style-type: none"> • Remove personal eye glasses, if worn • Put on mask • Put ear loops over ears • Pinch nose piece to fit bridge of nose using both hands • Put on personal eye glasses, if worn 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
7. BOUFFANT HEAD COVER <ul style="list-style-type: none"> • Put on bouffant head cover • Ensure ears and all hair are covered (use mirror or another person) 	<input type="checkbox"/> <input type="checkbox"/>
8. FACE SHIELD <ul style="list-style-type: none"> • Put on face shield • Adjust to fit square to face 	<input type="checkbox"/> <input type="checkbox"/>
9. GLOVES <ul style="list-style-type: none"> • Put on extended cuff nitrile or surgical gloves • Pull cuffs of gloves over cuffs of gown 	<input type="checkbox"/> <input type="checkbox"/>
USING A MIRROR OR ANOTHER PERSON, PERFORM A DOUBLE CHECK TO ENSURE DONNING OF PPE IS COMPLETE.	