## Coverall Donning Checklist

**Viral Hemorrhagic Fever (Ebola)**

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**Coverall Donning Checklist**

Use this checklist following the Challenge Respond method.

**HCP** completes checklist actions

**Challenge** (After completion of sequence, **Buddy** reads off checklist item)

**Respond** (**HCP** confirms they have completed checklist item)

**1. PREPARATION**
- Pull hair back and secure it off neck and face
- Remove all extra items on person

**2. HAND HYGIENE**
- Perform hand hygiene using alcohol-based hand rub
  If your hands look or feel dirty use soap and water.

**3. COVERALLS TO SHOULDERS**
- Step into coveralls, pull up to shoulders
- Put arms in arm holes
  Do not put on hood, do not zip up.

**4. SHOE COVERS**
- Pull shoe covers over feet of coveralls

**5. HAND HYGIENE**
- Perform hand hygiene, using alcohol-based hand rub

**6. INNER GLOVES (SURGICAL)**
- Put on surgical gloves. Cuffs of gloves go under cuffs of coveralls.

**7. MASK OR N95 RESPIRATOR**
- Remove personal eye glasses, if worn

**7A. MASK**
- Put on mask
- Put ear loops over ears
- Pinch nose piece to fit bridge of nose using both hands

**7B. N95 RESPIRATOR**
- Stretch out elastic bands, cup N95 in one hand and hold to face
- Put top elastic on crown of head, put bottom elastic on base of head
- Ensure bands are not crossed, no hair is under edge of mask
- Conduct a seal check

- Put on personal eye glasses, or optional goggles

**8. BOUFFANT HEAD COVER**
- Put on bouffant head cover
  - Ensure ears and all hair are covered (use mirror or another person)
## Coverall Donning Checklist

### Viral Hemorrhagic Fever (Ebola)

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
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<tr>
<td><strong>9. COVERALLS-HOOD AND ZIPPER SEAL</strong></td>
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</table>
- Pull up coverall hood  
- Fully zip up coveralls  
- Buddy peels backing off coverall flap  
- Buddy holds flap out and straight  
- HCP presses flap closed, ensuring there are no folds or bubbles  
- HCP or Buddy presses firmly on the top of the flap for a few seconds to seal it well |
| **10. FULL-NECK HOOD** |  
- Pull hood over head  
- Buddy ensures neck and bouffant are covered and visual field is clear |
| **11. APRON** |  
- Put on apron. Make sure apron covers from neck to knees and to wrists.  
- Insert thumbs in loops of apron sleeves  
- Tie apron at back of waist  
- Buddy ensures apron covers full-neck hood at shoulders |
| **12. FACE SHIELD** |  
- Put on face shield  
- Adjust to fit square on face |
| **13. OUTER GLOVES** |  
- Put on nitrile or a second pair of surgical gloves over cuffs of apron  
- Buddy may assist |
| **14. INSPECTION** |  
- Buddy inspects to ensure HCP PPE is secure and all closures are flat. Before HCP enters room, write HCP name and occupation, and time on front and arm of apron.  
  
To ensure PPE stays in place before entering room, HCP should:  
  - bend forward and gently shake head  
  - perform a squat  
  - fully extend arms overhead |

**PERFORM A DOUBLE CHECK TO ENSURE DONNING OF PPE IS COMPLETE**