

# Coverall Donning Checklist

## Viral Hemorrhagic Fever (Ebola)

Use this checklist following the Challenge Respond method.

**HCP** completes checklist actions

**Challenge** (After completion of sequence, **Buddy** reads off checklist item)

**Respond** (**HCP** confirms they have completed checklist item)

<p><b>1. PREPARATION</b></p> <ul style="list-style-type: none"> <li>• Pull hair back and secure it off neck and face</li> <li>• Remove all extra items on person</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>
<p><b>2. HAND HYGIENE</b></p> <ul style="list-style-type: none"> <li>• Perform hand hygiene using alcohol-based hand rub</li> </ul> <p>If your hands look or feel dirty use soap and water.</p>	<input type="checkbox"/>
<p><b>3. COVERALLS TO SHOULDERS</b></p> <ul style="list-style-type: none"> <li>• Step into coveralls, pull up to shoulders</li> <li>• Put arms in arm holes</li> </ul> <p>Do not put on hood, do not zip up.</p>	<input type="checkbox"/> <input type="checkbox"/>
<p><b>4. SHOE COVERS</b></p> <ul style="list-style-type: none"> <li>• Pull shoe covers over feet of coveralls</li> </ul>	<input type="checkbox"/>
<p><b>5. HAND HYGIENE</b></p> <ul style="list-style-type: none"> <li>• Perform hand hygiene, using alcohol-based hand rub</li> </ul>	<input type="checkbox"/>
<p><b>6. INNER GLOVES (SURGICAL)</b></p> <ul style="list-style-type: none"> <li>• Put on surgical gloves. Cuffs of gloves go under cuffs of coveralls.</li> </ul>	<input type="checkbox"/>
<p><b>7. MASK OR N95 RESPIRATOR</b></p> <ul style="list-style-type: none"> <li>• Remove personal eye glasses, if worn</li> </ul> <p><b>7A. MASK</b></p> <ul style="list-style-type: none"> <li>• Put on mask</li> <li>• Put ear loops over ears</li> <li>• Pinch nose piece to fit bridge of nose using both hands</li> </ul> <p><b>7B. N95 RESPIRATOR</b></p> <ul style="list-style-type: none"> <li>• Stretch out elastic bands, cup N95 in one hand and hold to face</li> <li>• Put top elastic on crown of head, put bottom elastic on base of head</li> <li>• Ensure bands are not crossed, no hair is under edge of mask</li> <li>• Conduct a seal check</li> </ul> <ul style="list-style-type: none"> <li>• Put on personal eye glasses, or optional goggles</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<p><b>8. BOUFFANT HEAD COVER</b></p> <ul style="list-style-type: none"> <li>• Put on bouffant head cover</li> <li>• Ensure ears and all hair are covered (use mirror or another person)</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>

