

Buddy Donning Sequence

Viral Hemorrhagic Fever (Ebola)

Note: All HCPs will wear hospital supplied scrubs under PPE, as well as clean, sturdy, fully-enclosed footwear.

1. PREPARATION

A



Pull hair back and secure it off neck and face.

B



Remove all extra items on person. This includes, but is not limited to:

- jewellery, watches, stethoscopes
- ID tags, lanyards, pagers,
- phone, etc.

2. HAND HYGIENE

A



Use an alcohol-based hand rub. If your hands look or feel dirty, soap and water must be used to wash your hands.

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3. SHOE COVERS

A



Sit on chair or stool. Fit a shoe cover completely over each shoe.

4. HAND HYGIENE

A



Perform hand hygiene using an alcohol-based hand rub.

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5. FLUID IMPERVIOUS GOWN

A



Put on a gown.

B



Close or tie at the back of neck and waist. If there are two sets of ties at the waist (inside and outside), tie the outer waist ties only.

C



Another person may assist with the ties.

6. MASK

A



Remove personal eye glasses, if worn.

B



Put ear loops over ears.

C



Pinch nose piece to fit bridge of nose using both hands. Put on personal eye glasses, if worn.

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7. BOUFFANT HEAD COVER

A



Put on bouffant head cover.

B



Using a mirror or another person, ensure all hair is covered.

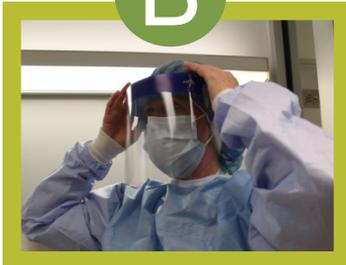
8. FACE SHIELD

A



Put on face shield.

B



Adjust to fit square on face.

9. GLOVES

A



Put on extended cuff nitrile or surgical gloves.

B



Pull cuffs of gloves over cuffs of gown.