Buddy Donning Sequence
Viral Hemorrhagic Fever (Ebola)

Note: All HCPs will wear hospital supplied scrubs under PPE, as well as clean, sturdy, fully-enclosed footwear.

1. PREPARATION

A. Pull hair back and secure it off neck and face.

B. Remove all extra items on person. This includes, but is not limited to:
   - jewellery, watches, stethoscopes
   - ID tags, lanyards, pagers,
   - phone, etc.

2. HAND HYGIENE

A. Use an alcohol-based hand rub. If your hands look or feel dirty, soap and water must be used to wash your hands.
3. SHOE COVERS

Sit on chair or stool. Fit a shoe cover completely over each shoe.

4. HAND HYGIENE

Perform hand hygiene using an alcohol-based hand rub.
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5. FLUID IMPERVIOUS GOWN

A. Put on a gown.

B. Close or tie at the back of neck and waist. If there are two sets of ties at the waist (inside and outside), tie the outer waist ties only.

C. Another person may assist with the ties.

6. MASK

A. Remove personal eye glasses, if worn.

B. Put ear loops over ears.

C. Pinch nose piece to fit bridge of nose using both hands. Put on personal eye glasses, if worn.
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7. BOUFFANT HEAD COVER
A Put on bouffant head cover.
B Using a mirror or another person, ensure all hair is covered.

8. FACE SHIELD
A Put on face shield.
B Adjust to fit square on face.

9. GLOVES
A Put on extended cuff nitrile or surgical gloves.
B Pull cuffs of gloves over cuffs of gown.