Coverall Donning Sequence
Viral Hemorrhagic Fever (Ebola)

Note: All HCPs will wear hospital supplied scrubs under PPE, as well as clean, sturdy, fully-enclosed footwear.

1. PREPARATION

Pull hair back and secure it off neck and face.

Remove all extra items on person. This includes, but is not limited to:
- jewellery, watches, stethoscopes
- ID tags, lanyards, pagers,
- phone, etc.

2. HAND HYGIENE

Use an alcohol-based hand rub. If hands look or feel dirty, soap and water must be used to wash your hands.
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3. COVERALLS TO SHOULDER

Step into coveralls, pull up over shoulders and put arms in arm holes
- Do not put up hood.
- Do not zip up.

4. SHOE COVERS

Sit to put on shoe covers over feet of coveralls.

5. HAND HYGIENE

Use an alcohol-based hand rub.
6. INNER GLOVES (SURGICAL)

A. Put on surgical gloves.  
Cuffs of gloves go under cuffs of coveralls.

7. MASK OR N95 RESPIRATOR

7A. MASK

A. Remove personal eye glasses, if worn. 
B. Put ear loops over ears.  
C. Pinch nose piece to fit bridge of nose using both hands.

7B. N95 RESPIRATOR

A. Stretch out elastic bands; cup N95 in one hand and hold to face.  
DO NOT TOUCH FRONT OF MASK.
B. Put top elastic on crown of head, then bottom elastic on base of head.  
C. Ensure bands are not crossed & no hair is interfering with facial seal. Conduct seal check to ensure seal. 
D. Put on personal eye glasses, or the optional goggles.
8. BOUFFANT HEAD COVER

A. Put on bouffant head cover.

B. Using a mirror or another person, ensure ears and all hair is covered.

9. COVERALLS-HOOD AND ZIPPER SEAL

A. Pull up coverall hood.

B. Fully zip up coverall and ensures zipper pull is pointed down to engage zipperlock.

C. Buddy peels backing off coverall flap.

D. Buddy holds flap out and straight.

E. HCP presses flap closed carefully to ensure there are no folds or bubbles.

F. Buddy or HCP presses firmly on top of flap for a few seconds to ensure it is well sealed.
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10. FULL-NECK HOOD

A. Pull hood over head.
B. Buddy ensures neck and bouffant are covered and visual field is clear.

11. APRON

A. Put on apron.
B. Insert thumbs into loops of sleeves.
C. Tie at back of waist. Buddy assists with ties.
D. Buddy ensures apron covers full-neck hood at shoulders.

12. FACE SHIELD

A. Place face shield over face.
B. Adjust to fit square on face.
13. OUTER GLOVES

A

Put on extended cuff nitrile or second surgical pair of surgical gloves over cuffs of apron.

B

Buddy may assist

14. INSPECTION

A

Buddy inspects to ensure HCP PPE is secure and all closures are flat. Before the HCP enters the room, write HCP name and occupation, and time on front and back of apron.

B

To ensure PPE stays in place before entering the room, the HCP should lean forward and gently shake head.

C

Perform a squat.

D

Fully extend arms over head.