

# Coverall Donning Sequence

## Viral Hemorrhagic Fever (Ebola)

**Note:** All **HCPs** will wear hospital supplied scrubs under PPE, as well as clean, sturdy, fully-enclosed footwear.

### 1. PREPARATION

A



Pull hair back and secure it off neck and face.

B



Remove all extra items on person. This includes, but is not limited to:

- jewellery, watches, stethoscopes
- ID tags, lanyards, pagers,
- phone, etc.

### 2. HAND HYGIENE

A



Use an alcohol-based hand rub. If hands look or feel dirty, soap and water must be used to wash your hands.

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### 3. COVERALLS TO SHOULDER

A



- Step into coveralls, pull up over shoulders and put arms in arm holes
- Do not put up hood.
  - Do not zip up.

### 4. SHOE COVERS

A



Sit to put on shoe covers over feet of coveralls.

### 5. HAND HYGIENE

A



Use an alcohol-based hand rub.

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### 6. INNER GLOVES (SURGICAL)



Put on surgical gloves.



Cuffs of gloves go under cuffs of coveralls.

### 7. MASK OR N95 RESPIRATOR

#### 7A. MASK



Remove personal eye glasses, if worn.



Put ear loops over ears.



Pinch nose piece to fit bridge of nose using both hands.

#### 7B. N95 RESPIRATOR



Stretch out elastic bands; cup N95 in one hand and hold to face. **DO NOT TOUCH FRONT OF MASK.**



Put top elastic on crown of head, then bottom elastic on base of head.



Ensure bands are not crossed & no hair is interfering with facial seal. Conduct seal check to ensure seal.



Put on personal eye glasses, or the optional goggles.

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### 8. BOUFFANT HEAD COVER

A



Put on bouffant head cover.

B



Using a mirror or another person, ensure ears and all hair is covered.

### 9. COVERALLS-HOOD AND ZIPPER SEAL

A



Pull up coverall hood.

B



Fully zip up coverall and ensure zipper pull is pointed down to engage zipperlock.

C



**Buddy** peels backing off coverall flap.

D



**Buddy** holds flap out and straight.

E



**HCP** presses flap closed carefully to ensure there are no folds or bubbles.

F



**Buddy** or **HCP** presses firmly on top of flap for a few seconds to ensure it is well sealed.

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### 10. FULL-NECK HOOD

A



Pull hood over head.

B



**Buddy** ensures neck and bouffant are covered and visual field is clear.

### 11. APRON

A



Put on apron.

B



Insert thumbs into loops of sleeves.

C



Tie at back of waist.  
**Buddy** assists with ties.

D



**Buddy** ensures apron covers full-neck hood at shoulders.

### 12. FACE SHIELD

A



Place face shield over face.

B



Adjust to fit square on face.

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### 13. OUTER GLOVES

A



Put on extended cuff nitrile or second surgical pair of surgical gloves over cuffs of apron.

B



**Buddy** may assist

### 14. INSPECTION

A



**Buddy** inspects to ensure **HCP** PPE is secure and all closures are flat. Before the **HCP** enters the room, write **HCP** name and occupation, and time on front and back of apron.

B



To ensure PPE stays in place before entering the room, the **HCP** should lean forward and gently shake head.

C



Perform a squat.

D



Fully extend arms over head.