

# Gown Donning Sequence

## Viral Hemorrhagic Fever (Ebola)

**Note:** All HCPs will wear hospital supplied scrubs under PPE, as well as clean, sturdy, fully-enclosed footwear.

### 1. PREPARATION

A



Pull hair back and secure it off neck and face.

B



Remove all extra items on person. This includes, but is not limited to:

- jewellery, watches, stethoscopes
- ID tags, lanyards, pagers,
- phone, etc.

### 2. HAND HYGIENE

A



Use an alcohol-based hand rub. If hands look or feel dirty, soap and water must be used to wash your hands.

### 3. LEG COVERS

A



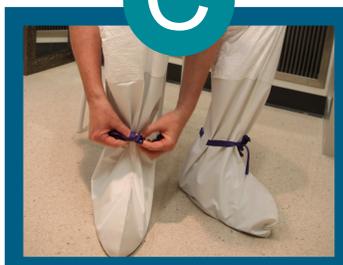
Sit on chair or stool.

B



Fit leg covers over lower leg and shoe and pull up high as it will go.

C



Tie leg cover ties around ankles.

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### 4. HAND HYGIENE

A



Use an alcohol-based hand rub.

### 5. INNER GLOVES (SURGICAL)

A



Put on surgical gloves.

### 6. FLUID IMPERVIOUS GOWN

A



Put on gown. Ensure cuffs of gloves are under cuffs of gown.

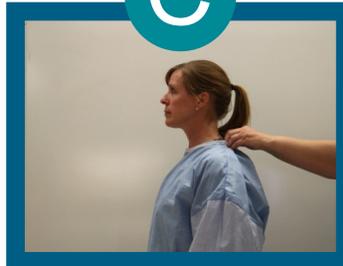
B



Close or tie at back of neck and waist.

- If there are two sets of ties at waist (inside and outside), tie outer waist ties only.

C



Another person may assist with ties.

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### 7. MASK/N95 RESPIRATOR

#### 7A. MASK



Remove personal eye glasses, if worn.



Put ear loops over ears.



Pinch nose piece to fit bridge of nose using both hands. Put on personal eye glasses, if worn.

#### 7B. N95 RESPIRATOR



Stretch out elastic bands; cup N95 in one hand and hold to face.



Put top elastic on crown of head, then bottom elastic on base of head. Ensure bands are not crossed and no hair is interfering with facial seal.



Conduct fit check to ensure seal.



Put on personal eye glasses if worn, or optional goggles.

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### 8. BOUFFANT HEAD COVER



Put on bouffant head cover.



Using a mirror or another person, ensure ears and all hair is covered.

### 9. FULL-NECK HOOD



Pull hood over head.



Ensure neck and bouffant are covered and visual field is clear.

### 10. APRON



Put on apron.



Insert thumbs in loops of apron sleeves.



Tie at back of waist. **Buddy** assists with ties.



**Buddy** ensures apron covers full-neck hood at shoulders.

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### 11. FACE SHIELD

A



Place face shield over face.

B



Adjust to fit square on face.

### 12. OUTER GLOVES

A



Put a second pair of Surgical gloves or extended cuff nitrile gloves over cuffs of apron.

B



**Buddy** may assist.

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### 13. INSPECTION



**Buddy** inspects to ensure **HCP** PPE is secure and all closures are flat. Before the **HCP** enters the room, write **HCP** name and occupation, and time on front and arm of apron.



To ensure PPE stays in place before entering room, **HCP** should: lean forward and gently shake head



Perform a squat



Fully extend arms over head