

# Dementia Advice Bulletin

## What's new at Dementia Advice (DA)?

- The Dementia Advice program has had 2700 referrals since starting in 2016.

## What are the Top 3 Reasons People call DA?

The top 3 reasons people call DA are:

1. For help navigating resources and being referred to resources.
2. People having caregiver stress who need support.
3. People who need help with safety in the home.

## How do I refer someone to the DA program?

It's very easy to refer someone to DA. All you have to do is complete the dementia advice referral form on AHS Insite or in the Alberta Referral Directory (form # 21348). This form has recently been updated, so please discard any old copies you may have.

1. Print off the form—it's just a 1-page form.
2. Fill out the form. It's very important to complete all sections on the form.

## What is a Dementia Resource Toolkit?

- A Dementia Resource Toolkit is a wide range of resources to support people who have dementia and their carepartners. There's information about dementia, planning for the future, care and treatment, and caring for someone who has dementia.
- You can find the toolkit at [myhealth.alberta.ca](http://myhealth.alberta.ca) > Dementia Resource Toolkit

## Can the DA program attend resource events/fairs or provide staff education?

- DA can provide information to the general public or healthcare providers.
- DA can set up information booths at conferences/events or present information at meetings (e.g., staff meetings, management team meetings.)
- If you're interested in having a booth for an event or information presented at a meeting, call 811 for more information.



The screenshot shows the MyHealth Alberta.ca website. The main navigation bar includes links for Home, Health Information and Tools, MyHealth Videos, Find Healthcare, About MyHealth Alberta.ca, Healthier Together, and MyHealth Records. Below this is a secondary navigation bar with links for Health A-Z, Healthy Living, Tests & Treatments, Medications, Find Healthcare, Health Alerts, and Patient Care Handouts. The main content area features the MyHealth Alberta.ca logo and a search bar. The Dementia Resource Toolkit page is displayed, with a table of contents listing: What is Dementia?, Prepare for the Future, Care and Treatment, Living with Dementia, Late Stage Dementia, Caring for Someone with Dementia, and Resources. A photo shows three people (two women and one man) sitting together, looking at a laptop screen. Below the photo, there is text explaining the toolkit's purpose and how to find a family doctor.

If you or your loved one have recently been diagnosed with dementia or Alzheimer's disease, you may find the amount of information available to be overwhelming. It's important that you find a [family doctor](#) and register with your nearest [Alzheimer's Society](#).

[MyHealth Alberta.ca](#) has a wide range of resources to support people living with dementia and their caregivers. You will find information about being diagnosed with dementia, what to think about when planning for the future, and how to live well with dementia. You will also learn about what to expect in later stages of dementia, and find resources for caregivers of people with dementia.

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## Is DA Promoted through Social Media?

The DA program is available through Health Link. As part of Health Link's social media campaign, DA is often promoted on Twitter, Facebook, and Instagram. You can find health tips and information at #AHS811. We were lucky enough to have the Minister of Health send out a tweet about DA services.

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