

811: Three little numbers. A million big answers.

When you call Health Link at 811 you get help right away – even if it’s not an emergency. You’ll speak directly with a registered nurse who gives you free, confidential health advice and general health information.



1 million+

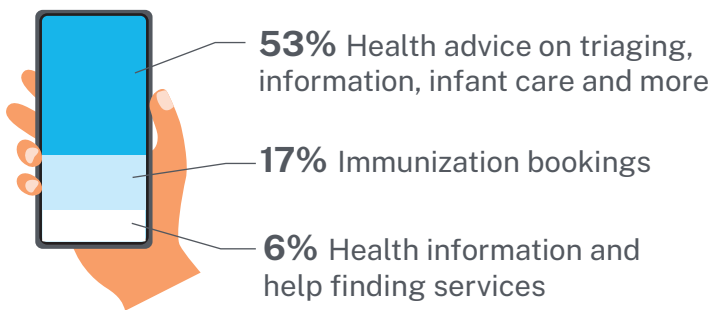
The number of times Albertans called Health Link at 811 in the past year.



24/7

Wherever you live in Alberta, you can call Health Link any time.

Top reasons people called in the past year:



Most common advice:



8

The number of specialty health lines Albertans can call for assistance.



- | | |
|---|----------------------------------|
| 1 Addiction & Mental Health Helpline | 5 Nutrition Line |
| 2 New parent & Newborn | 6 Virtual MD |
| 3 Dementia Advice | 7 Indigenous Support Line |
| 4 Rehab Advice Line | 8 AlbertaQuits helpline |

If it’s not an emergency, call 811. We’re here to help!

Want more information on Health Link? Visit

primarycarealberta.ca/811



Primary Care
Alberta



Health Link
Advice 24/7