Rehabilitation Advice Line

Rehabilitation advice can help you recover and manage health conditions like injuries, chronic disease, Post-COVID Condition or concerns about your child’s development.

A healthcare professional on the line can provide you with:

• Activities and exercises to help with physical concerns
• Strategies to manage day-to-day activities affected by these concerns
• Available Rehabilitation Services
• Advice on how to support your child’s development and well-being

1-833-379-0563

9 a.m. to 5 p.m. Monday to Friday