

# Being Treated with Ciprofloxacin (Cipro<sup>®</sup>)

## Your Medicine

You will get 1 tablet that is 500 mg.

## How to Take Your Medicine

Take the medicine with a glass of water, with or without food.

For **2 hours before** and **6 hours after** you take the medicine, don't:

- eat or drink dairy products (e.g., milk, cheese, yogurt)
- eat calcium-rich foods
- take antacids (e.g., Maalox<sup>®</sup>)
- take vitamins or supplements with aluminum, magnesium, iron, or zinc

## Is there anyone that can't take ciprofloxacin?

Talk to a nurse or doctor **before** you take ciprofloxacin if you:

- have had an allergic reaction to ciprofloxacin or other fluoroquinolone medicines (e.g., Floxin<sup>®</sup>, floxacin)
- are pregnant or breastfeeding
- take any other medicine
- are younger than 16 years

## What are the side effects of the medicine?

Possible side effects may include:

- nausea and/or vomiting
- diarrhea
- headache
- drowsiness
- dizziness

Go to an emergency department or call 9-1-1 if you have:

- trouble breathing or swallowing
- swelling or tingling in the mouth or on the face
- hives
- wheezing

## What follow-up do I need?

<input type="checkbox"/> Come back for another test	Date:
<input type="checkbox"/> Regular STI testing every 3 to 6 months	

## Things to Think About

The birth control pill, patch, and ring might not work as well when you take ciprofloxacin. Keep using your regular method of birth control and use condoms for **7 days** after you take the medicine to help prevent pregnancy.

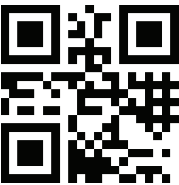
## Safer Sex

It's important not to have unprotected sex (oral, vaginal, or anal sex without a condom) until you and your partner(s) are tested and for 7 days after you and your partner(s) are treated.

The best protection is **not** to have sex (oral, vaginal, or anal) for 7 days after you and your partner(s) are treated. You can get re-infected if your sexual partner(s) hasn't been treated.

## For More Information

- STI/HIV Information Line: 1-800-772-2437
- [www.myhealth.alberta.ca](http://www.myhealth.alberta.ca)
- [www.sexgerms.com](http://www.sexgerms.com)



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*This material is for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have questions, speak with your doctor or appropriate healthcare provider.*