

Being Treated with Clindamycin (Dalacin®) for Bacterial Vaginosis

Your Medicine

You will get 14 capsules that are 300 mg each.

How to Take Your Medicine

Take 1 capsule, two times a day, for 7 days with a glass of water. This means take 1 capsule in the morning and 1 capsule in the evening. You can take it with or without food. If the medicine upsets your stomach, take it with food.

Take all of your medicine, even if you don't have symptoms.

Don't miss any doses. If you miss a dose, take it as soon as you remember. **Don't** take 2 doses at the same time.

Is there anyone that can't take clindamycin?

Talk to a nurse or doctor **before** you take clindamycin if you:

- have had an allergic reaction to clindamycin
- are pregnant or breastfeeding
- take laxatives
- have stomach problems (e.g., colitis, irritable bowel syndrome)

What are the side effects of the medicine?

Possible side effects may include:

- upset stomach
- nausea and/or vomiting
- diarrhea
- rash

Go to an emergency department or call 9-1-1 if you have:

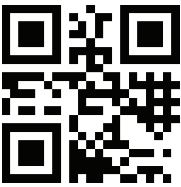
- trouble breathing or swallowing
- swelling or tingling in the mouth or on the face
- hives
- wheezing

Things to Think About

The birth control pill, patch, and ring might not work as well when you take clindamycin. Keep using your regular method of birth control and use condoms while you take the medicine and for **7 days** after you're done your medicine to help prevent pregnancy.

For More Information

- STI/HIV Information Line: 1-800-772-2437
- www.myhealth.alberta.ca
- www.sexgerms.com



This material is for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have questions, speak with your doctor or appropriate healthcare provider.