

Being Treated with Doxycycline

Your Medicine

- 14 tablets that are 100 mg each (7 days)
or
- 28 tablets that are 100 mg each (14 days)
or
- 56 tablets that are 100 mg each (28 days)

How to Take Your Medicine

Take 1 tablet in the morning and 1 tablet in the evening (12 hours apart) until you're done your medicine. Take the medicine with a glass of water and don't lie down for at least 30 minutes. You may take this medicine with or without food.

Take all of your medicine, even if you don't have any symptoms. Don't miss any doses. If you do miss a dose, take it as soon as you remember. **Don't** take 2 doses at the same time.

For **2 hours before** and **2 hours after** your medicine, don't take:

- vitamins or antacids (e.g., Maalox®) containing iron, aluminum, magnesium, or calcium
- laxatives containing magnesium

Is there anyone that can't take doxycycline?

Talk to a nurse or doctor **before** you take doxycycline if you:

- have had an allergic reaction to doxycycline or other tetracycline medicines (e.g., minocycline)
- take any other medicine

If you take this medicine, stay out of the sun and don't use a tanning bed. If you do go in the sun, wear sunscreen and protective clothing and eyewear.

Don't take doxycycline if you're pregnant (or think you might be) or breastfeeding.

What are the side effects of the medicine?

Possible side effects may include:

- nausea, vomiting, and/or diarrhea
- a sore throat
- an increased risk of sunburn

Go to an emergency department or call 9-1-1 if you have:

- trouble breathing or swallowing
- hives
- swelling or tingling in the mouth or on the face
- wheezing

Call your nurse or doctor if you:

- think you have a yeast infection
- have very loose stools (even after you're done your medicine)

What follow-up do I need?

<input type="checkbox"/> Come back for another test	Date:
<input type="checkbox"/> Regular STI testing every 3 to 6 months	
<input type="checkbox"/> No follow-up is needed	

Things to Think About

The birth control pill, patch, and ring might not work as well when you take doxycycline. Keep using your regular method of birth control and use condoms while you take the medicine and for **7 days** after you're done your medicine to help prevent pregnancy.

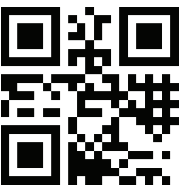
Safer Sex

It's important not to have unprotected sex (oral, vaginal, or anal sex without a condom) until you and your partner(s) are tested and done taking the medicine.

The best protection is **not** to have sex (oral, vaginal, or anal) until you and your partner(s) are done taking the medicine. You can get re-infected if your sexual partner(s) hasn't been treated.

For More Information

- STI/HIV Information Line: 1-800-772-2437
- www.myhealth.alberta.ca
- www.sexgerms.com



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