

# FCRC

Family & Community Resource Centre



*Committed to providing information,  
resources and support to families*

The FCRC is on the 2<sup>nd</sup> floor of the Alberta Children's Hospital and is open 24 hours a day. It provides a comfortable and supportive environment where families can find reliable child health information, receive support, access education about child health issues, and connect with community resources.

## What is there for families coming for surgery?

- The **Child Health Information Specialist** can help you find information about an illness or procedure as well as children's books about going to the hospital and/or having surgery.
- **Children's books** for leisure reading can be used during your hospital stay.
- The **Family Support Specialists** offer personalized support; help with connections within the hospital or community; and assist with accommodations, orientation and directions.
- **Complimentary coffee** is available Mon-Fri from 8:30 - 10:30 a.m.
- Private **Telephone Booths** can be used for local or long distance calls.
- As well, the **Family Centre** (also on the 2<sup>nd</sup> floor) provides a relaxing place for families to wait if their child is in surgery for a long period. A Family Support Specialists can show you where it is.
- **Computer stations** with internet access are located in the FCRC and the Family Centre. You can also access the hospital's free **Wi-Fi network** on your own laptop/device – refer to Wi-Fi sheet on the unit.

**Family & Community Resource Centre**  
**Phone: 403-955-3272 1-877-943-3272 (toll free)**  
**Staff Hours: Monday to Friday 8:00 - 6:00**  
**[fcr.albertahealthservices.ca](http://fcr.albertahealthservices.ca)**



Alberta Children's Hospital