

Patient & Family Education Event Calendar

Glenrose Rehabilitation Hospital

Education sessions, workshops, and support group information

The Glenrose Rehabilitation Hospital is pleased to offer information sessions, workshops, and support groups covering a variety of topics important to families. Our calendar of events is frequently changing as new content is being added, so check back often to see what sessions are available.

Family 2 Family

These information sessions are sponsored by the Glenrose Patient and Family Resource Centre (PFRC), which provides support, information sessions, and community resources for Glenrose patients, parents, caregivers and those connected through our community partners.

Session	Supporting Siblings (<i>replay of previously recorded presentation</i>)
Date	Thursday, September 22, 2022
Time	6:30 – 8 p.m.
For	Parents and familial caregivers
Description	Chronic conditions touch all members of a child's family. Dr. Heather Dyck, Clinical Psychologist, will focus on the sibling experience within a family living with chronic conditions. Topics include the physical, social and mental health components of the sibling's life as well as how parents can support their typically developing children while still ensuring that the needs of the child with a chronic condition are met.
Register/info	Email: pfrc@ahs.ca
Session	Introduction to Alternative and Augmented Communication (AAC) for Emergent Communicators
Date	Wednesday, October 19, 2022
Time	6:30 – 8:00 p.m.
For	Parents and familial caregivers
Description	Laura Ferguson is a Speech Language Pathologist from the I CAN Centre for Assistive Technology at the Glenrose Rehabilitation Hospital. In this session, Laura will outline strategies and resources for supporting communication with children that are non-verbal or minimally verbal; with a focus on Alternative and Augmentative Communication (AAC).
Register/info	Email: pfrc@ahs.ca

Session	Sexuality Matters – Teaching Privacy, Consent and Boundaries at Any Age
Date	Tuesday, November 29 2022
Time	6:30 – 8:00 pm
For	Parents and caregivers of children and youth with any physical, intellectual, or developmental disabilities
Description	The goal of this information session is to help develop the comfort, knowledge and practical skills needed for parents and caregivers to address areas of sexual health with their child of any age. These areas may include development and puberty, hygiene, privacy, personal boundaries, relationships, consent and many more. This presentation is suitable for caregivers of children and youth with any physical, intellectual, or developmental disability.
Register/info	Email: pfrc@ahs.ca

Pediatric to Adult Transition

These information sessions are for the parents, caregivers, and care providers of youth (age 12 and older) in preparation for the transition from the pediatric healthcare system to the adult oriented healthcare system.

Session	Transitioning from Pediatric to Adult Healthcare for Dependent Youth
Date	Wednesday, September 28, 2022
Time	6:30 – 8:00 p.m.
For	Families and caregivers of youth who will be dependent as adults and need ongoing support with decision making and personal care
Description	This information session will provide families and caregivers a general overview of the steps involved in planning for the transition from the pediatric healthcare system to the adult healthcare system at age 18. This session will discuss resources, supports, and tools to help you plan for the transition. Participants will have the opportunity to ask questions following the presentation.
Register/info	Email: pfrc@ahs.ca
Session	Financial Resources for Adults Living with Disabilities
Date	Wednesday, October 12, 2022
Time	6:30 – 8:00 pm
For	Parents and caregivers of youth ages 15 and older with physical, intellectual, or developmental disabilities planning for pediatric to adult transition

Description	This information session will offer families information about financial resources available to adults with disabilities, including, but not limited to, Income Support, Assured Income for the Severely Handicapped (AISH), Persons with Developmental Disabilities (PDD), Disability Tax Credit, and Registered Disability Savings Plan (RDSP). Guidance regarding eligibility criteria, the application process and special considerations will enhance the viewer's understanding of what to expect. Participants will have the opportunity to ask questions following the presentation.
Register/info	Email: pfrc@ahs.ca
Session	Guardianship, Trusteeship, and Medical Consent: Will Your Child Need Decision-Making Support as an Adult
Date	Wednesday, November 9, 2022
Time	6:30 – 8:00 pm
For	Parents and caregivers of youth ages 15 and older with physical, intellectual, or developmental disabilities planning for pediatric to adult transition
Description	This presentation will discuss the spectrum of legal decision-making options in Alberta following the Adult Guardianship and Trusteeship Act (AGTA). We will cover consent for minors vs. consent for adults, various ways to support your child's personal and financial decision-making, and respecting your child's right to self-determination.
Register/info	Email: pfrc@ahs.ca
Session	Sexuality Matters – Teaching Privacy, Consent and Boundaries at Any Age
Date	Wednesday, November 29, 2022
Time	6:30 – 8:00 pm
For	Parents and caregivers of children and youth with any physical, intellectual, or developmental disabilities
Description	The goal of this information session is to help develop the comfort, knowledge and practical skills needed for parents and caregivers to address areas of sexual health with their child of any age. These areas may include development and puberty, hygiene, privacy, personal boundaries, relationships, consent and many more. This presentation is suitable for caregivers of children and youth with any physical, intellectual, or developmental disability.
Register/info	Email: pfrc@ahs.ca

Our Best Life

These support group sessions are sponsored by the Glenrose Patient and Family Resource Centre, and intended for the parents of children with a terminal condition.

Session	Our Best Life Support Group
Date(s)	Thursdays – monthly; September 29, 2022 October 27, 2022 November 24, 2022
Time	9:00 – 10:30 am
For	Parents of children with a terminal prognosis
Description	A safe space for parents to share and learn as they strive to make the best life for their child and family. A place to talk through the challenges and possibilities amidst all the appointments, the emotions and anticipatory grief that comes when your child has a terminal prognosis. Note this virtual group has limited space.
Register/info	Email: pfrc@ahs.ca